

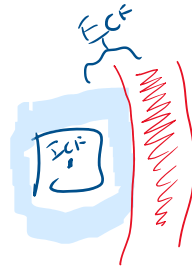
General Physiology ✓

- Nerve Muscle → Hematology
- Digestive System GIT ✓ → Reproductive systems ✓
- Cardio Vasculat CVS
- Respiratory system RS
- Renal system ✓
- Endocrine ✓
- Central Nervous system ✓
- Special Senses ✓

General Physiology

- Homeostasis = Walter Canon = Term
- Cell membrane & Transport across membrane
- Membrane potentials
- ⇒ Maintenance of constant internal Environment
- = Claude Bernard = Concept

- Total Body water
- ECF ← Interstitial fluid
- ICF ← Blood
- CSF



Mechanisms of Homeostasis

- Feedback = ① Negative f.b. = Body works against the change. 95%
- ② Positive f.b. = Body works towards the change = 5%.  
"Vicious cycle"

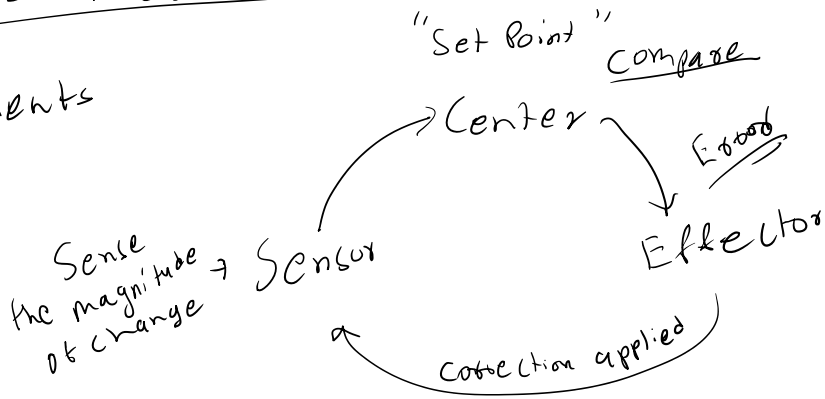
C L A S Posturiti...  
clotti LH AP Strick

- ⇒ Feed Forward ⇒ Body works in anticipation for the change.

- eg - Gastric secretion before meal
- Cardiovascular changes before any exercise
- Regulation of muscle tone.

## Negative feedback

- Components



## Gain of feedback mechanism

$$\text{Gain} = \frac{\text{Correction applied}}{\text{Residual error}}$$

Air condition room = 20°C

Record temp = 36.5°C

Normal = 37°C

$$\text{Gain} = \frac{CA}{Er} = \frac{16.5}{0.5}$$

$$= \underline{\underline{33}}$$

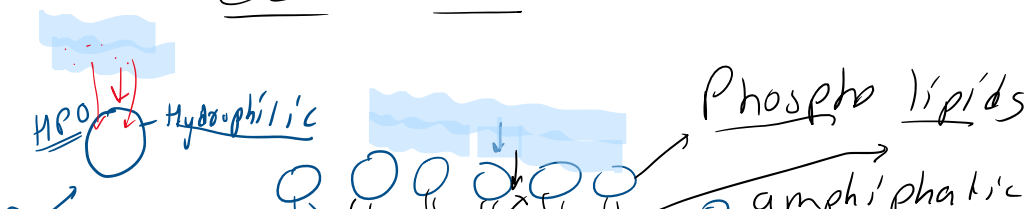
SBP = 160

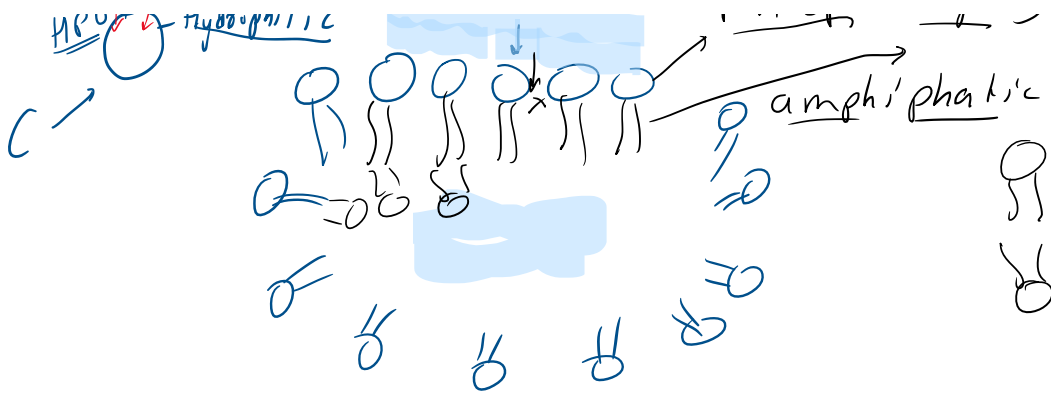
Coro. = 130

Norm = 120

$$\text{Gain} = \frac{39}{13} = \underline{\underline{3}}$$

## Cell membrane



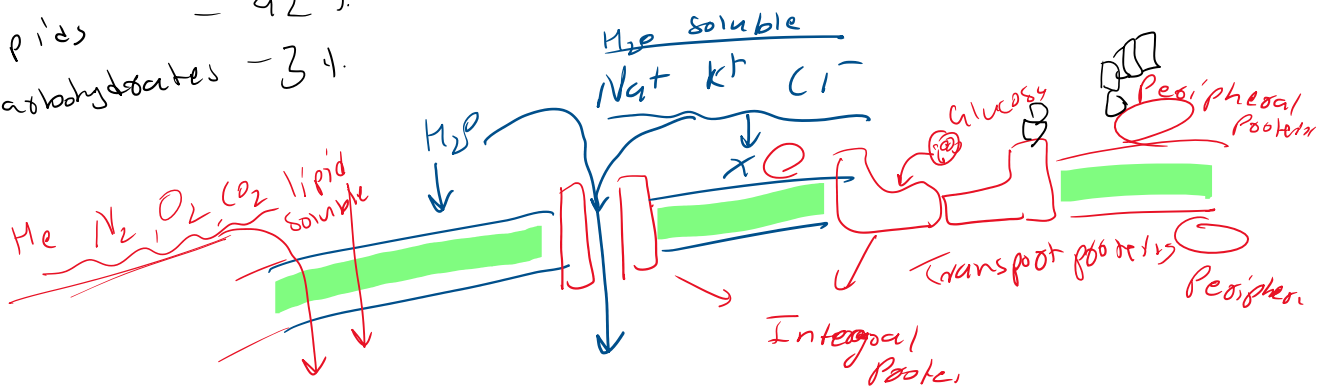


→ lipid bilayer

→ Proteins - 55%

→ lipids - 42%

→ Carbohydrates - 3%



Transport across membrane

ICF  
Inside

$K^+$

$Mg^{++}$   
 $HPO_4^-$

$CO_2$

$H^+$

ECF  
outside

$Na^+$

$Cl^-$

$Ca^{++}$

Glucose

$O_2$

$HCO_3^-$

# Transport across

## Passive

- ① Higher conc<sup>n</sup> → lower conc<sup>n</sup>
- ② No energy is required
- ③ Channels, pores, through lipid bilayer, carrier proteins.

### types

- ① Simple diffusion
- ② Facilitated diffusion

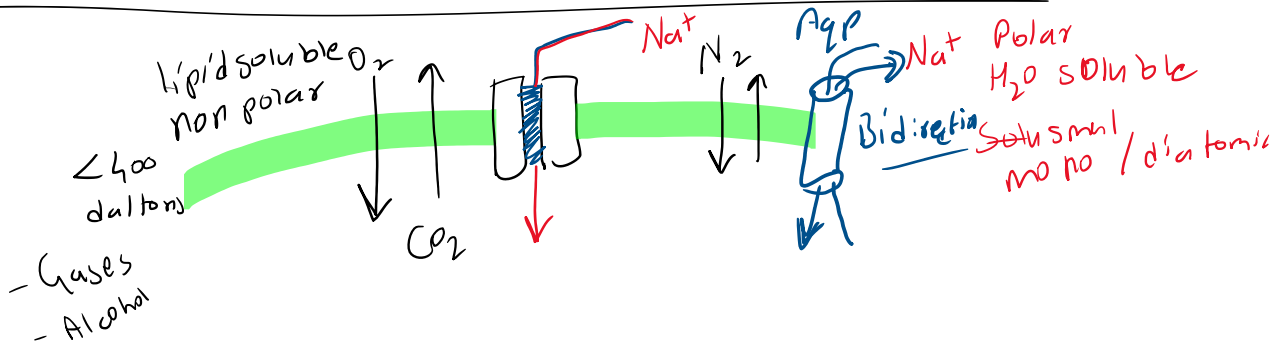
## Active

- ① Lower conc<sup>n</sup> to → Higher conc<sup>n</sup>
- ② Energy is utilized directly or indirectly
- ③ Pumps, ATPase, Exchanges, counter transport, cotransport, symports, antiports.

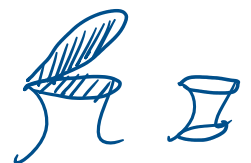
- ① Primary active [ATP]
- ② Secondary active [indirect energy]

## Simple Diffusion

- H → L
- No energy is used
- Channels, pores, lipid bilayer

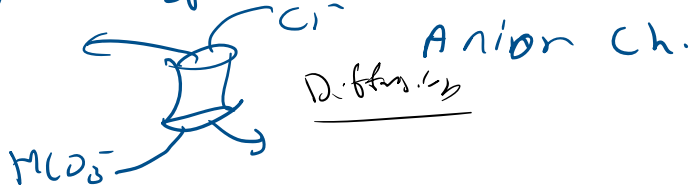


## Types of Channels



① leaky channels = always open

② Non specific cation ch.



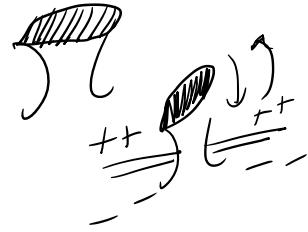
③ Gated Channels

① Voltage gated Channels.

eg. Na<sup>+</sup>V. voltage gated Na<sup>+</sup>

Channels  
Blocked by lignocaine, xylocaine,  
Novocaine.

Na<sup>+</sup>V, K<sup>+</sup>V, Ca<sup>2+</sup>V.



② ligand gated ch. / Chemically

eg. - olfaction → smell

- Taste → gustation

- neurotransmitters

= ACh, Adrenaline ligand gated channels



③ Mechanically gated Chan =

movement / stretching / pressure etc

on cell memb will open the ch.

eg touch, pressure.

④ Time gated channels  
Beta<sub>1</sub>

eg Heart rate = Pacemaker cells

Beta<sup>+</sup>  
eg. Heart rate = Pacemaker cells

Aquaporins = Water channels

## Factors Affecting Rate of Diffusion [ROD]

⑩

③⑤

ICF	ECF
140 mM K <sup>+</sup>	140 mM Na <sup>+</sup>
10	10

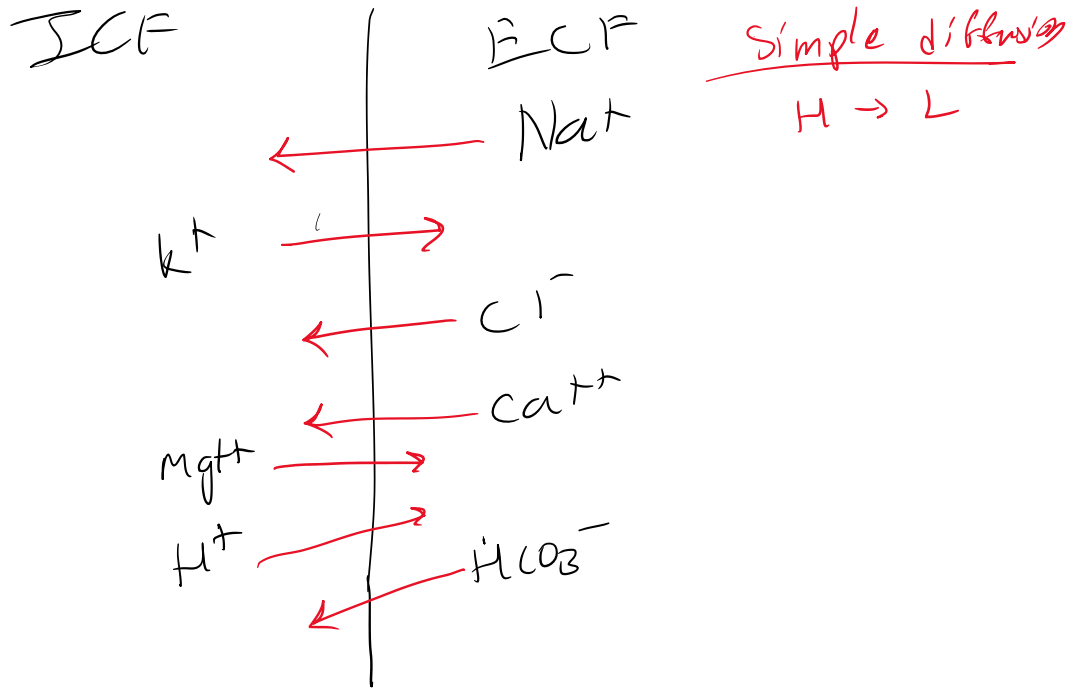
ECF	ICF
140 mM Na <sup>+</sup>	10
10	140 mM K <sup>+</sup>

-ve val for K<sup>+</sup>

8) Charge on the memb. & ROD  
 (Voltage difference across the memb)

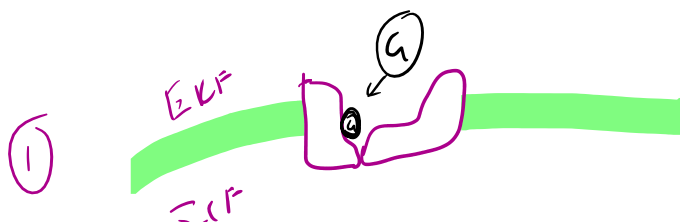


9) Pressure & ROD

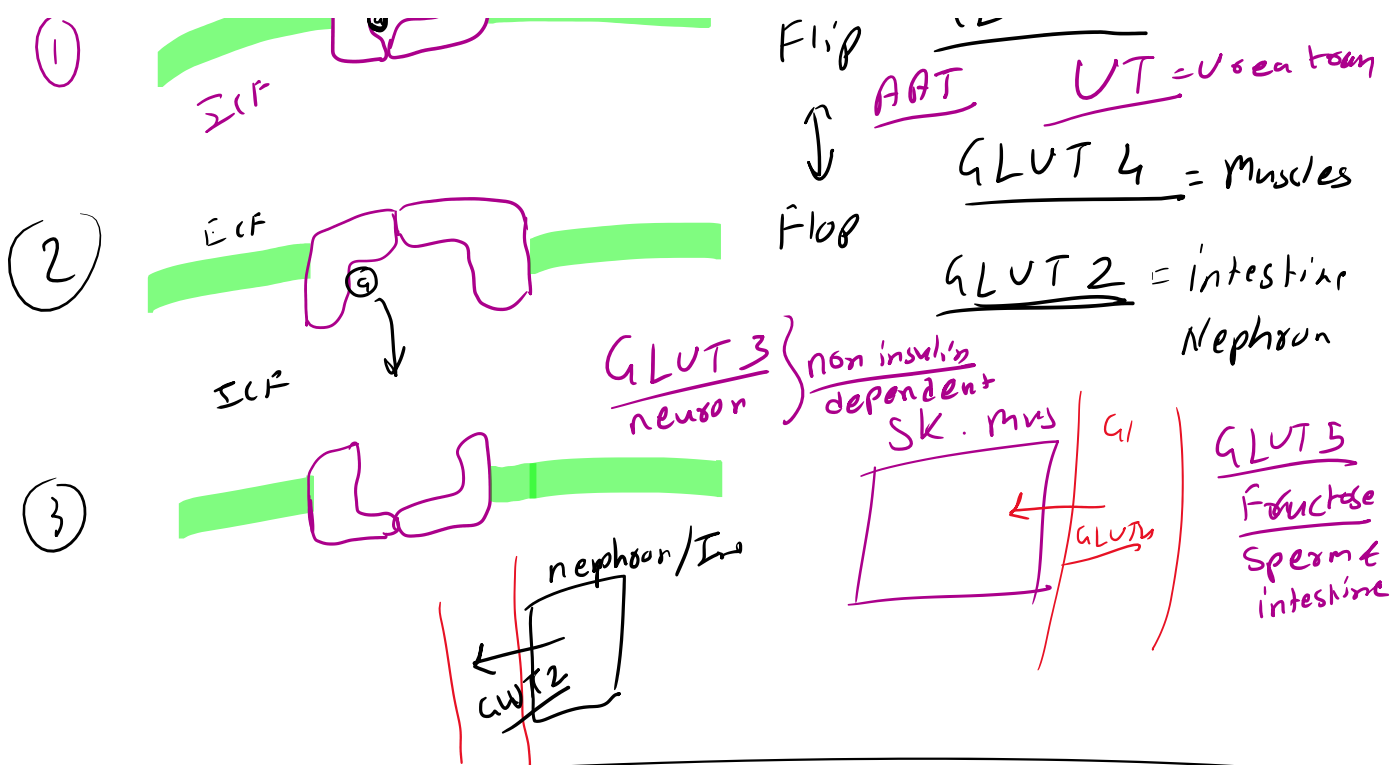


### Facilitated Diffusion

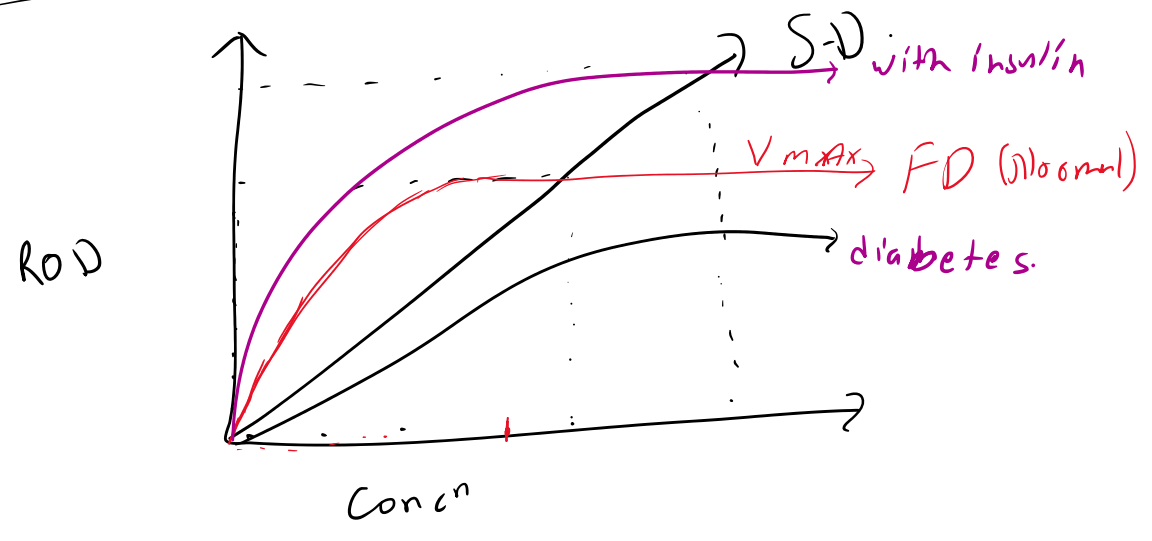
- large molecules eg Glucose, Urea, a.a. etc.
- with the help of carriers proteins / transport proteins
- Higher to lower
- No energy is required
- Transporters, carriers, facilitated



Flip GLUT  
 n APT UT = Urea trans



Concn good    S-D    Y/S    F-D.

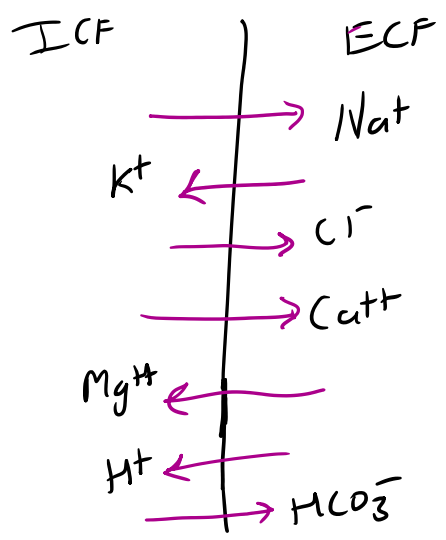




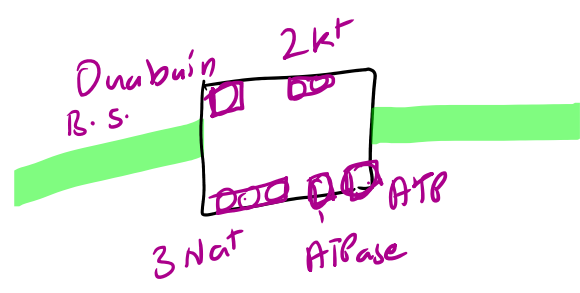
# ACTIVE Transport

- ①  $L \rightarrow H$
- ② Energy is used
- ③ Pumps, ATPase exchangers

① Primary Active Transport → Uses ATP  
Lower → Higher



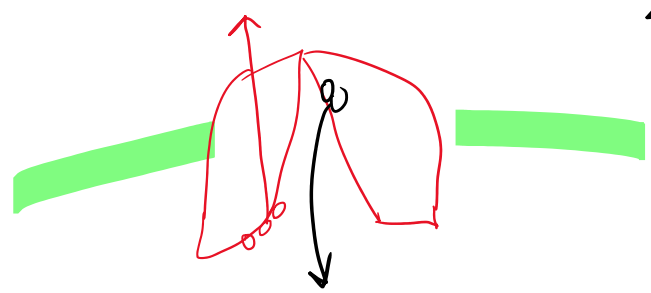
Example Na<sup>+</sup> K<sup>+</sup> Pump = Carrier / Transport protein



$L \rightarrow H$

NOKIA

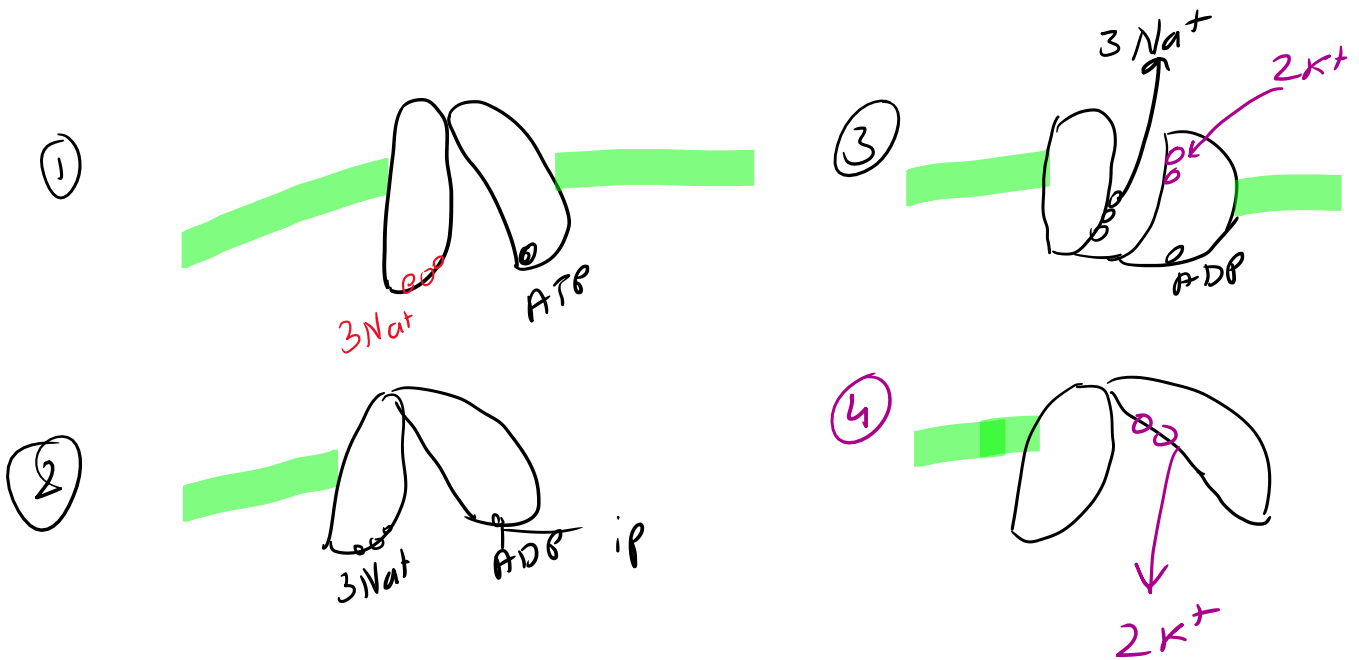
3 Na<sup>+</sup> out  
2 K<sup>+</sup> in  
1 ATP



..... Na<sup>+</sup> K<sup>+</sup> Pump Japanese Scientist

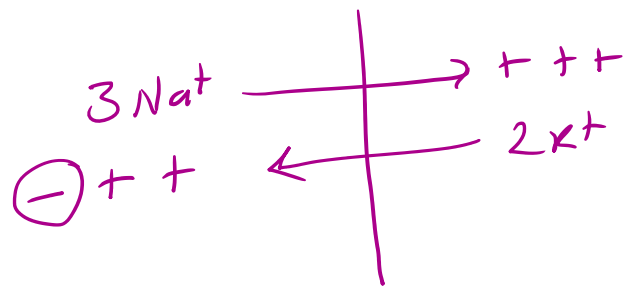
Ubiquitous Pump, Na<sup>+</sup>K<sup>+</sup> Pump,  
Present on all cells

Japanese Scientist  
Noble  
"Janet Skou"



Advantages

- ① Maintains Na<sup>+</sup> K<sup>+</sup> gradient across cell memb.
- ② Prevents the cell from Osmolysis.
- ③ Generates -ve voltage (Potential difference) inside the cell. Due to unequal distribution of Na<sup>+</sup> & K<sup>+</sup> ions.



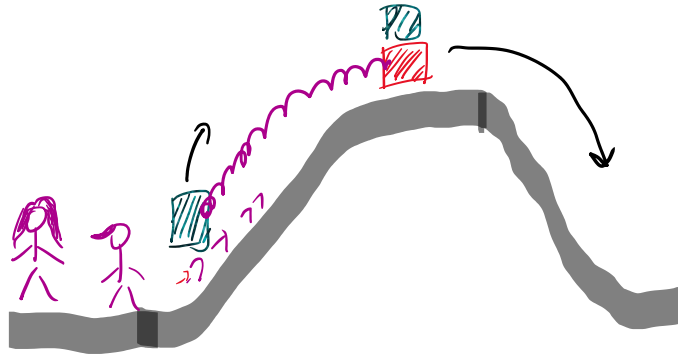
eg. 2- H<sup>+</sup> Pump = Stomach  
Ca<sup>++</sup> Pump = Muscles

# Secondary active transport

→ Carrier mediated transport

L → H.

Energy Indirectly - without ATP



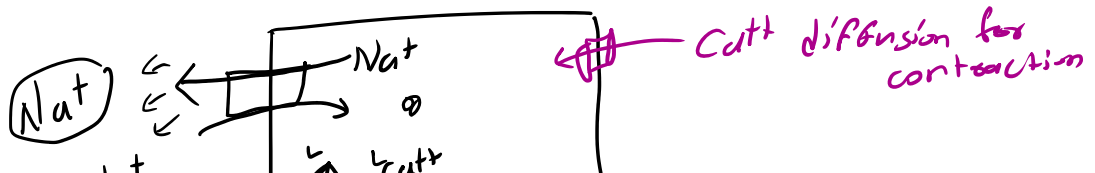
→ In Secondary A-T. One substance moves from Higher conc<sup>n</sup> to lower conc and other substance move from lower conc to Higher conc<sup>n</sup>

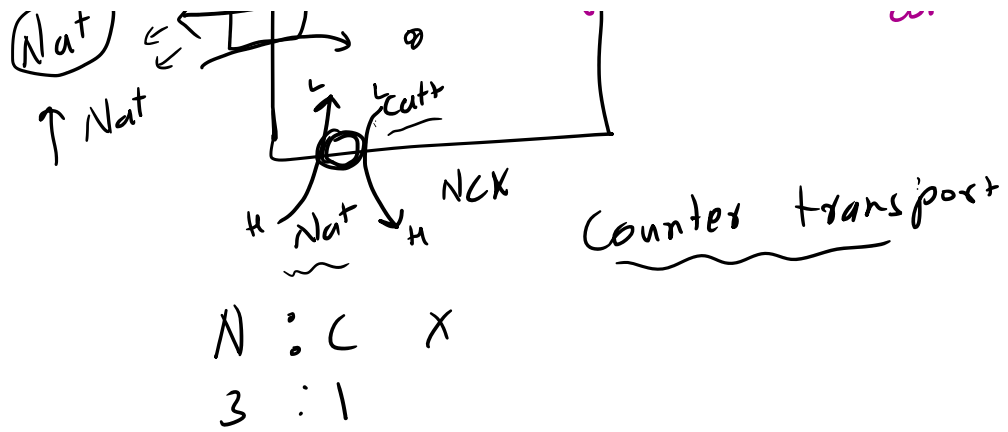
→ It works on the potential energy generated by primary active transport

eg. Exchangers, countertransport, antiport, symport, cotransporters.

eg. ① Na<sup>+</sup> Ca<sup>2+</sup> exchanger = NCX

Card. muscle cell



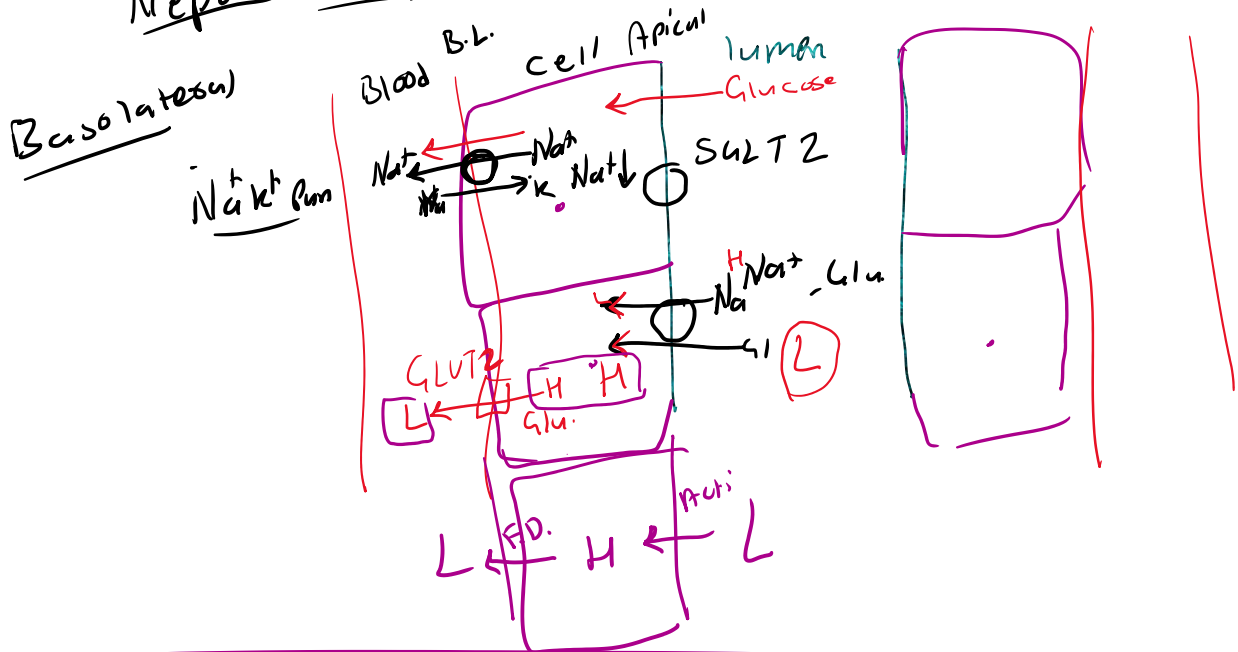


② Co transport = Both the substance move in same direction -  
 But one moves  $H \rightarrow L$   
 other moves  $L \rightarrow H$

eg SGLT = @  $Na^+$  glucose linked Transporter

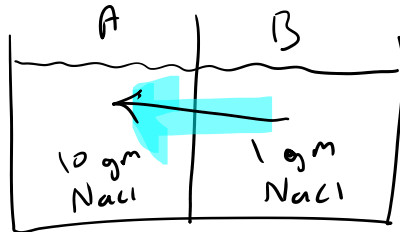
$Na^+$  gl. cotransporter

Nephron kidney reabsorption



# Osmosis

Def. - Movement of  $H_2O$  molecules from higher  $H_2O$  conc<sup>n</sup> to lower  $H_2O$  conc<sup>n</sup>



→ Osmolarity -  $W/V$  eg  $\frac{gm \text{ solute}}{\text{litres of } H_2O}$  = temp dependent

→ Osmolality -  $W/W$   $\frac{gm \text{ solute}}{Kg \text{ of } H_2O}$  = temp independent

Plasma osmolality = 290 - 300 mOsm/kg

Normal Saline =  $\frac{0.9 gm}{100 ml}$  NaCl  
 $0.9 gm \frac{1}{100} \frac{gm}{100}$

When we take 0.9 gm% NaCl we make 150 mMol of NaCl solution

56 gm / 1000 ml 1 M

56 gm	1000 mMol
x	150 mMol

$$\frac{5.6 \times 1.54}{1000} = \frac{8.6 gm}{1000 ml}$$

150 mMol NaCl

$x$  150 mMol  $\rightarrow$  1 ppt 150 mMol NaCl

150 mMol NaCl  
 150 Na<sup>+</sup>  
 150 Cl<sup>-</sup>  
300 particles

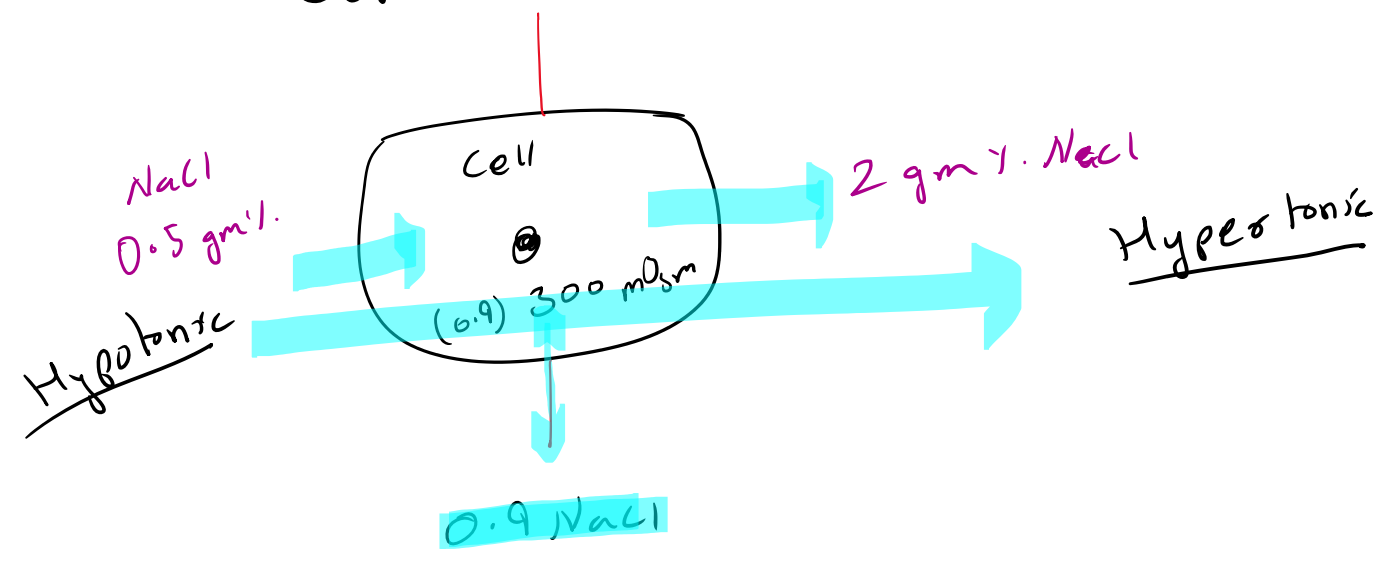
$\therefore \frac{0.84}{100} \approx \frac{0.9}{100}$

300 mOsm

150 KCl

CaCl<sub>2</sub> 100 mMol  
 300 mOsm

Plasma osmolality is primarily dependent on Na<sup>+</sup>, glucose & Urea



For  $\frac{69}{179} = \frac{42}{70}$  Body fluid compartments  
 70 Kg Healthy Adult Male

TBW = 60 % Body weight = 42 l  
 ICF = 40 % " = 28 l  
 +  
 = 14 l

LCI - - - +  
 ECF = 20 l. " = 14 l  
 ↳ ① Plasma 5 l. = 3.5 l  
 ↳ ② Interstitial fluid = 10.5 l

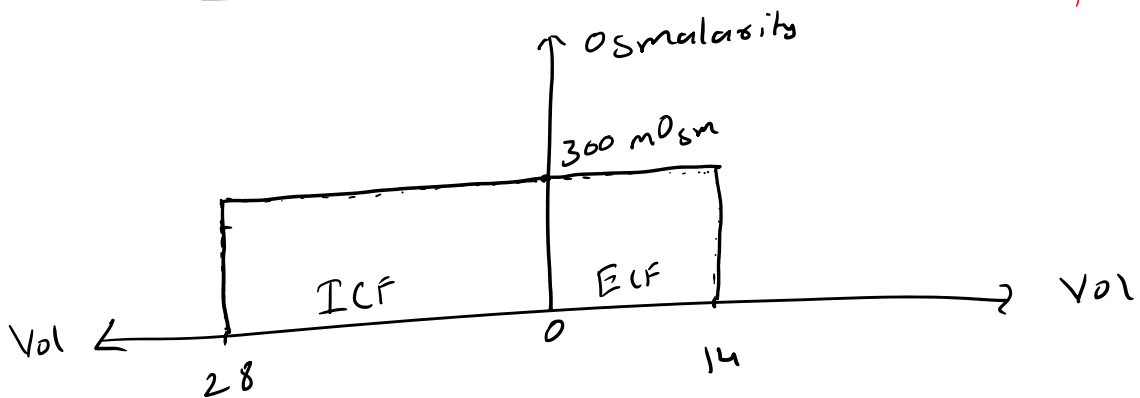
Females = 50% to 55% Because of more fat content

Children & neonates = 70 to 80%

Muscles are known as Fat free mass  
 70% H<sub>2</sub>O

Correlation Between Body fluids & Osmolality

Dayrow Tarnet Plot



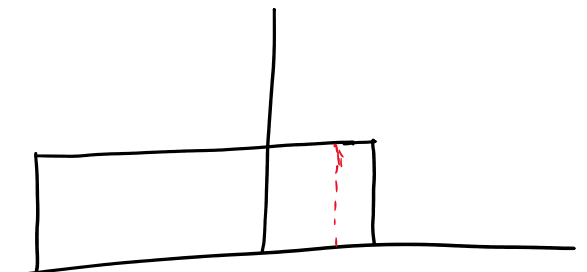
Gain

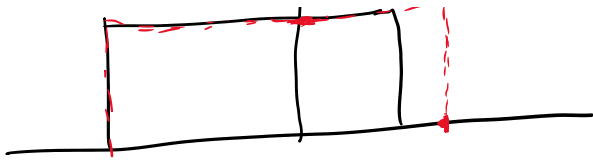
Isotonic fluid

eg. IV NS



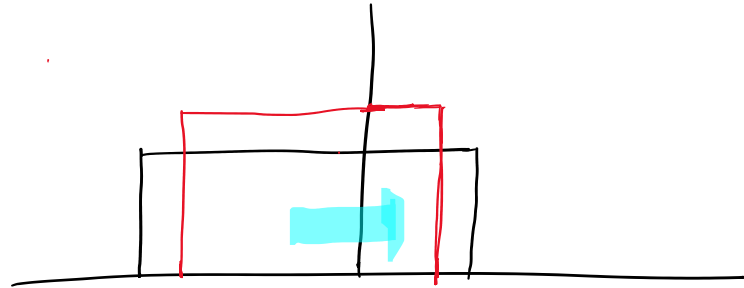
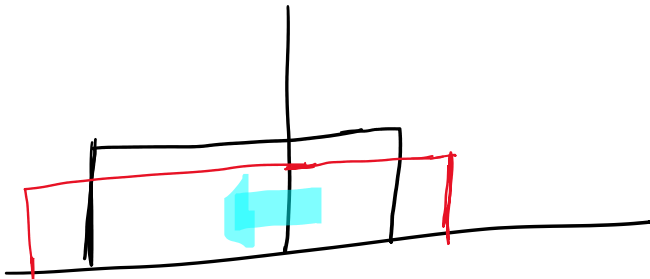
loss of Isotonic





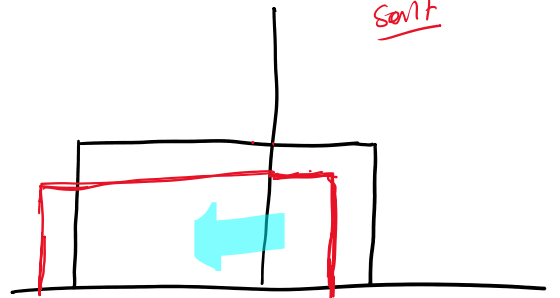
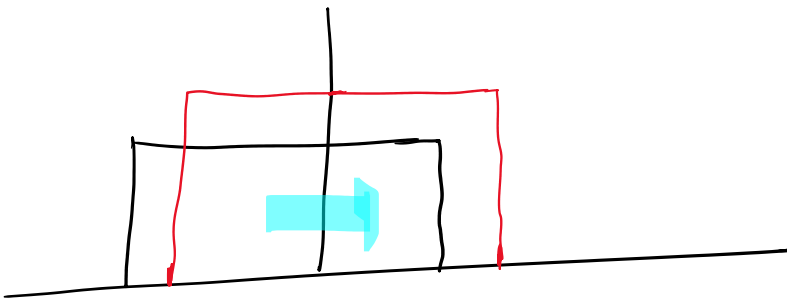
Gain  $\rightarrow$  Hypotonic

loss of Hypotonic



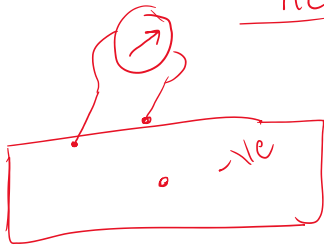
Gain of Hypertonic

loss of Hypertonic  
salt



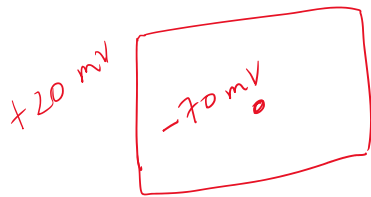


# Resting Membrane Potential



## RMP

A -ve potential maintained inside the membrane of an excitable cell unless or otherwise it is excited. When the cell is in resting condition

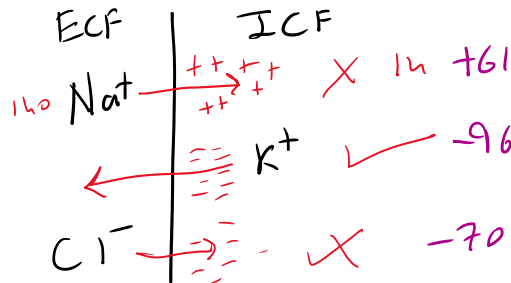
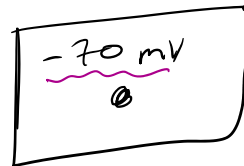


- ① RMP =  $-70 \text{ mV}$  (considered outside 0)
- ② Transmemb. Potential =  $90 \text{ mV}$  = The distance between the potentials

- Skeletal muscle =  $-90 \text{ mV}$
- Neuronal cell =  $-70 \text{ mV}$
- Cardiac myocytes =  $-89 \text{ mV}$
- Pace maker =  $-65 \text{ mV}$
- Smooth muscle =  $-45 - 50 \text{ mV}$

## Genesis of RMP

- 1) Conc<sup>n</sup> gradient ions
- 2) Permeability of ions
- 3)  $\text{Na}^+ \text{K}^+$  Pump.



Begining of memb pot is due Donnan Memb. equili.





Nernst equation = Electro Chemical Equival

① A charge / Potential at which the chemical diffusion is balanced

$$ECE = \pm 61 \log \frac{C_o}{C_i} \quad Na^+ \quad \frac{C_o}{C_i} \quad \frac{10}{10}$$

$$= \pm 61 \log \frac{10}{10} = \pm 61 \log 10$$

$$= \pm 61 \times 1 = \pm 61$$

$Na^+ = +61 \text{ mV}$   
 $K^+ = -96 \text{ mV}$   
 $Cl^- = -70 \text{ mV}$

$$E_{att} = +125 \text{ mV}$$

②  $K^+ \gg Na^+ \gg Cl^-$  Permeability

∴ according to GHK equation Goldman Hodgekin Katz

RMP due to ECE & permeability of

$Na^+$   $K^+$  &  $Cl^-$  was

$$-66 \text{ mV}$$

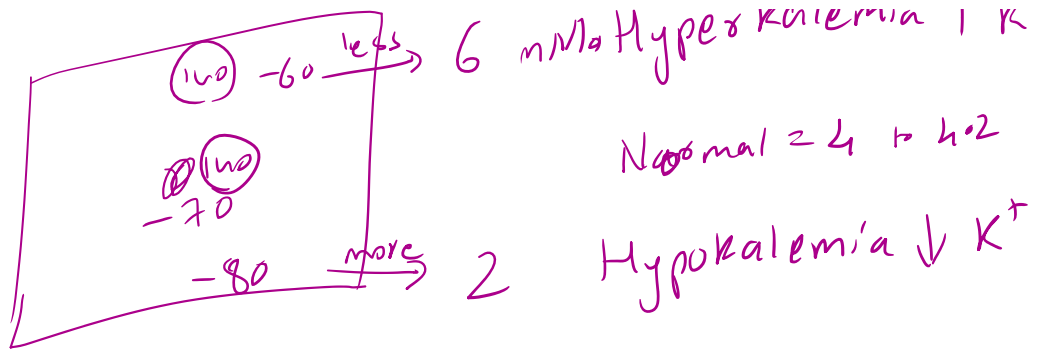
③  $Na^+ K^+$  Pump

$-4 \text{ mV}$  using ATP ∴  $-66$  Diffusion

$-4$  Active transport

$$-70 \text{ mV}$$

④  $-60 \text{ mV} \rightarrow 6 \text{ mM Hyperkalemia} \uparrow K^+$

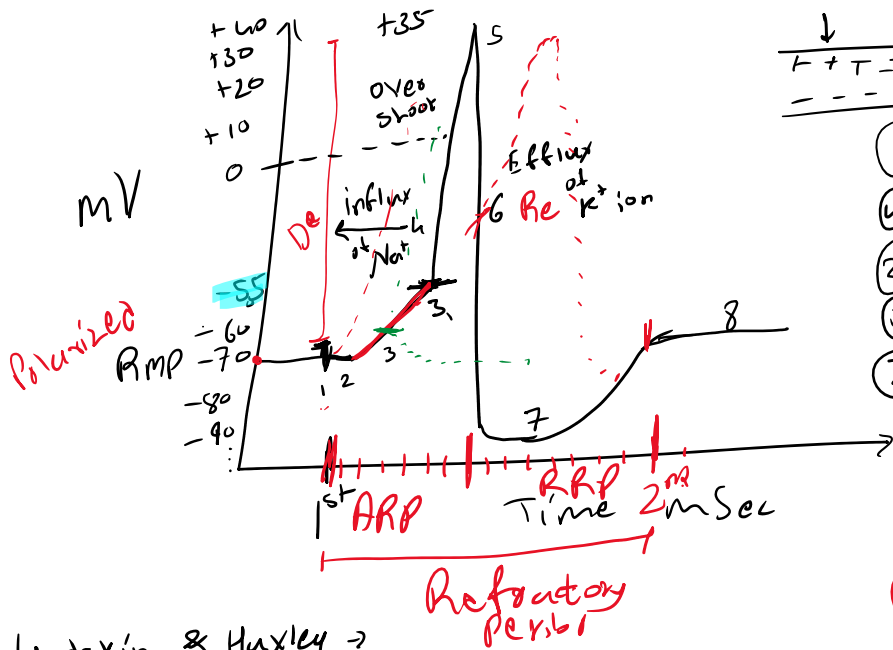


ECF

- Action potential
- Nerve fibres
- Neuro muscular Junction
- E-c coupling
- Mechanism of muscle contraction
- Properties of muscle contraction
- Wallerian degeneration
- Energetics of muscle contraction.

## Action Potential

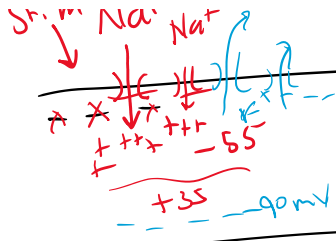
- Change in the potential of the memb. from -ve to +ve and back to -ve, on application of a threshold stimulus, for a very brief period. This leads to the excitation of the cell.



Hodgkin & Huxley →

→ Squid Giant → Axon of a tentacle





### Na<sup>+</sup> V. Blockers

- ① TTX Tetrodotoxin = Puffer fish
- ② STX Saxitoxin = Clam fish
- ③ βTx Batrachotoxin = Toad (frog)
- ④ lignocaine
- ⑤ xylocaine
- ⑥ M conotoxin

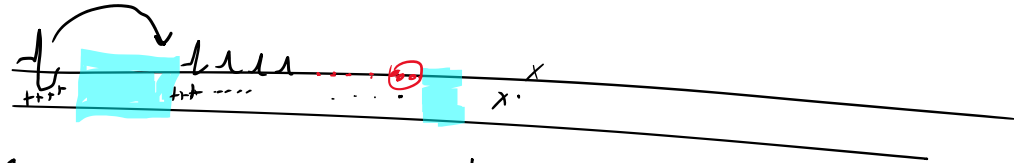
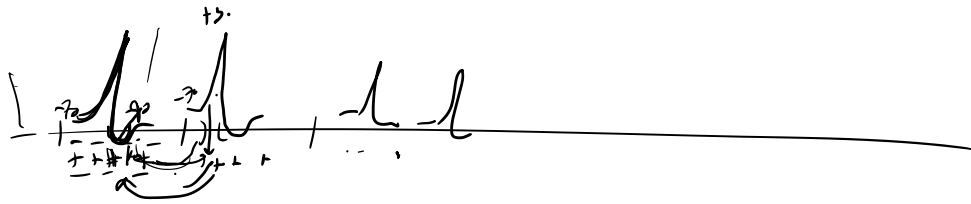
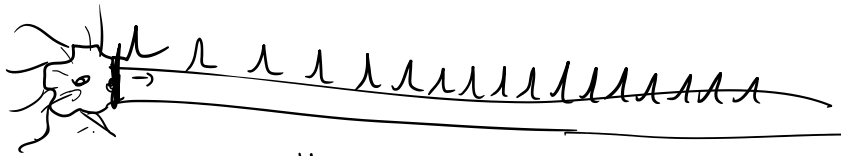
### K<sup>+</sup> V Blocker

- ① TEA Tetraethylamine

### Properties of Action potentials

- ① All or none principle = on threshold stimulus there will be complete AP or it won't occur at all.
- ② Threshold point = An Action potential always consist of threshold point beyond which the Na.V become independent of stimulus energy.
- ③ Depolarizing = always depolarizing the potential from -ve voltage to +ve voltage.
- ④ Propagatory = It can travel throughout the cell membrane





⑤ Refractory period

Def. =

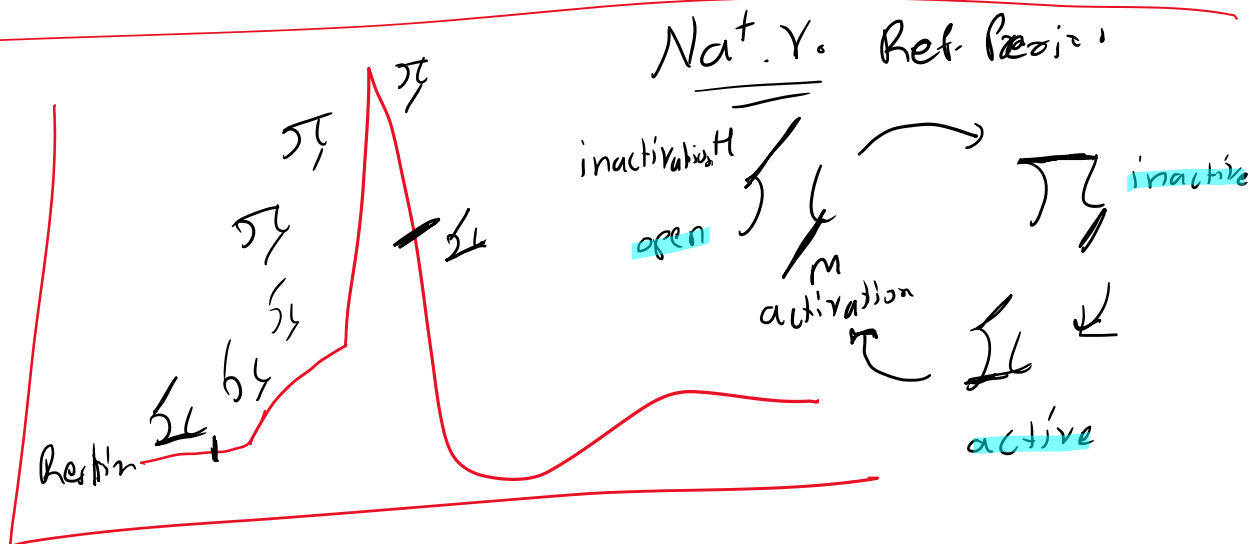
It is a period during which the second action potential cannot be generated

① ARP = Absolute Ref. Per.

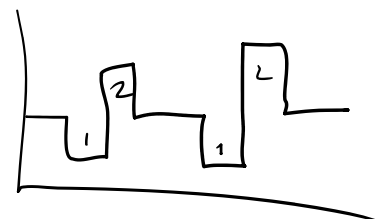
It is a period during which the second action potential can never be generated whatever may be the strength of stimulus

② RRP

It is a period during which the second action potential can be generated only when the strength of second stimulus is much more higher than the first stimulus, it can be given in the later half of the repolarization

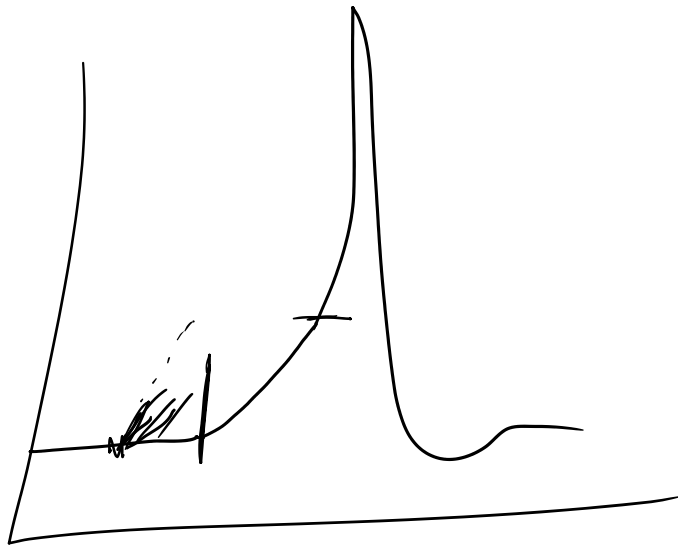


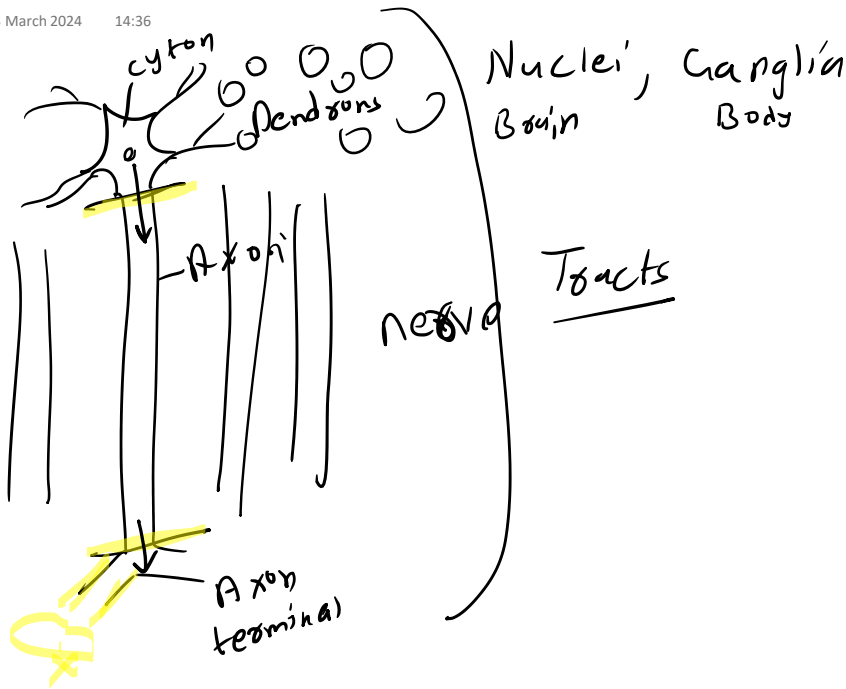
⑥ It is Biphasic



→ It is a cumulative summation of large

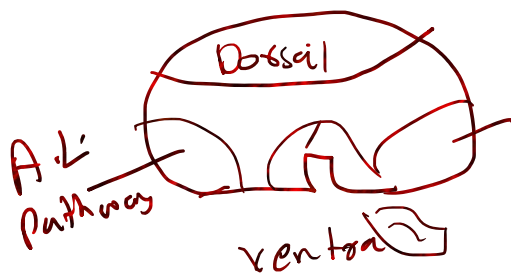
⑦ Accomodation = accumulation of large number of sub threshold stimulus will lead to inactivation of all the Na<sup>+</sup>V. and at this point the threshold stimulus will not cause Action potential.





## Classification of nerve fibers

	Myelination	Thickness	Velocity of AP	Functions
A <sub>α</sub>	M	Thickest 20 μm	Fastest 70 m/s 120 m/s	Motor = Skeletal muscle Sensory = Fine, Pres. Prop., Vib (Dorsal column)
A <sub>β</sub>	M			Motor = Muscle spindles
A <sub>γ</sub>	M			Sensory = Ant-lat. Pain (fast) pathway
B	M			Autonomic
C	Non M	Thinnest 0.5 μm	Slowest 0.5 m/s	Sensory = Slow pain



## Sensitivity of nerve fibers

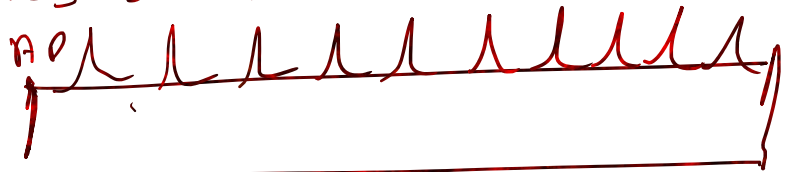
Most | Intero | least |



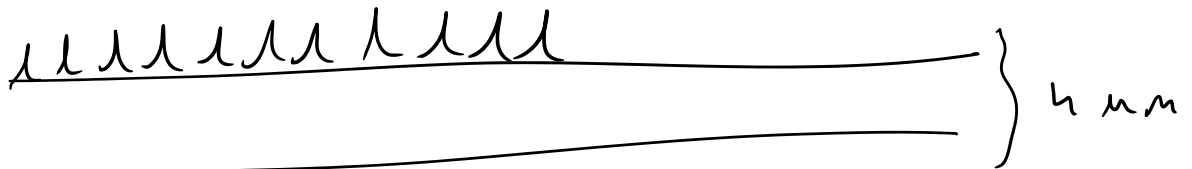
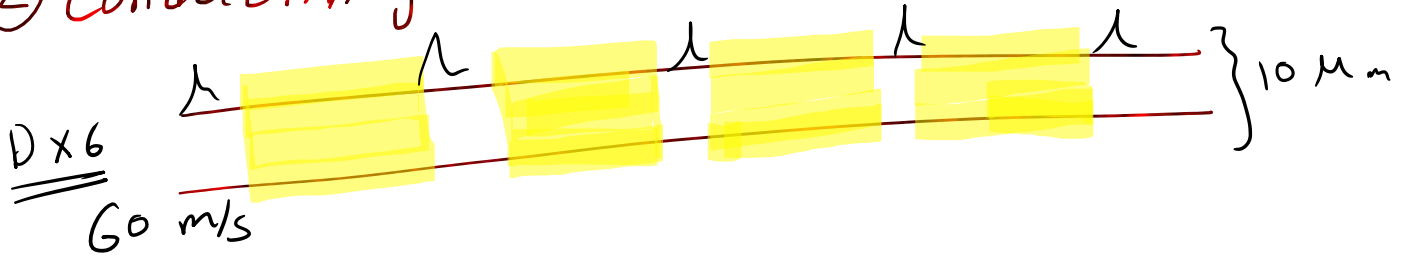
	Most Susceptible	Intero	Least	
Hypoxia	B ↓	→ A	C	
Pressure	A	→ B	C	✓
Local Anesthesia	C	→ B	A	✓

### Properties of nerve fibres

① All or none



② Conductivity m/s



$\sqrt{4}$   
= 2 m/s

③ Excitability = nerve fibres is excitable tissue

④ Non-fatigue

⑤ Refractory period = minimum -  $\text{Ax} \frac{1000}{\text{Sec}}$

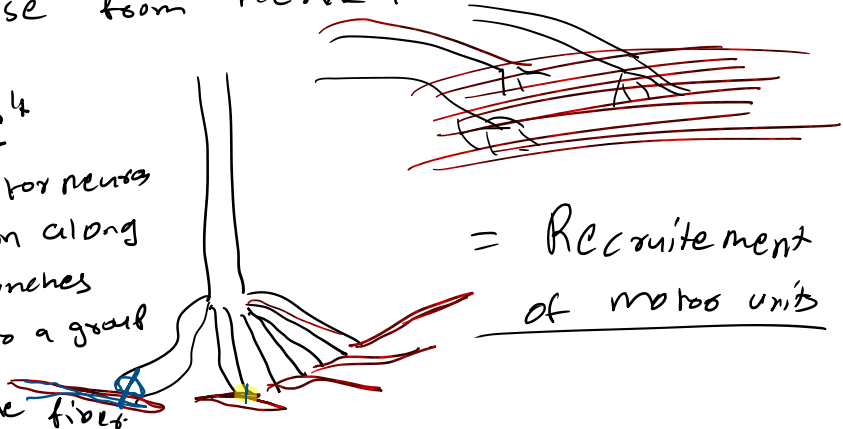
$C = \frac{10 - 20}{\text{Sec}}$

# NMJ ★★

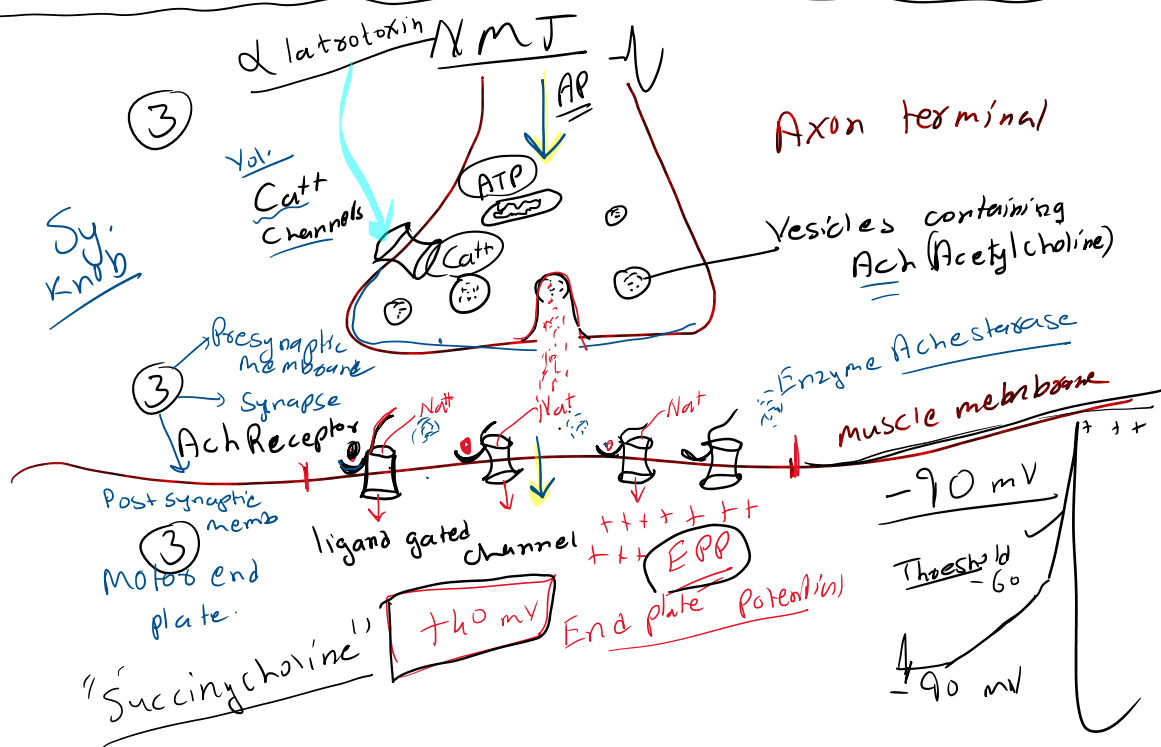
It is a functional junction between neuron and a muscle fibres for transmission of impulse from nerve to muscle.

## Motor unit

An Aα motor neuron and its axon along with its branches supplies to a group of muscle fibres.



= Recruitment of motor units



## Events

### A.P. arrives

- Action potential arrives at nerve terminal
- Opening of calcium ions channels and entry of calcium ions in the nerve terminal
- Calcium and ATP causes exocytosis of acetylcholine in synapse
- Acetylcholine diffuses in the synapse and binds onto the acetylcholine receptor on the motor end plate of muscle membrane.
- The opening of ligand gated channels at motor end plate causes entry of sodium ions in the membrane
- These sodium ions develop the local positive voltage known as End Plate Potential
- The end plate potential causes development of action potential in the sarcolemma or muscle membrane
- The action potential leads to excitation of the muscle fibre and hence leads to the contraction of muscle fibre by the mechanism of Excitation-contraction coupling

For relaxation of the muscle fibre the action potential at nerve terminal is stopped. The enzyme acetylcholinesterase destroys the Ach in the Synapse  
 The ligand gated channels close at Motor End Plate leading to cessation of EPP and hence AP does not develop muscle does not excite does not contract and hence relaxes.

## Myasthenia Gravis = It is

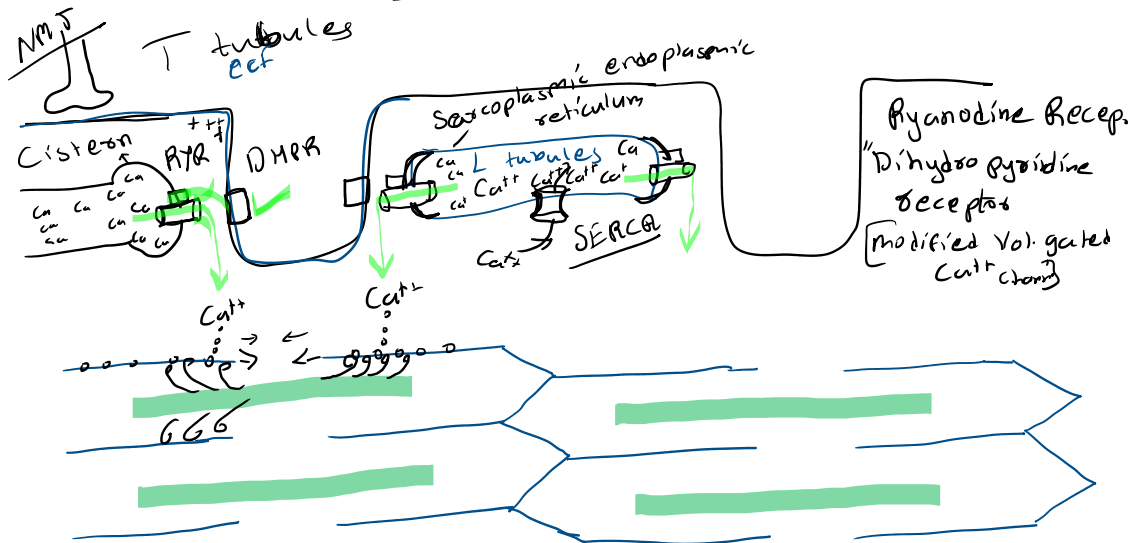
It is an autoimmune disorder which causes destruction of acetylcholine receptor ligand gated channels this leads to excessive usage of acetylcholine from the pre synaptic terminal and hence early fatigue due to the depletion of ach in the pre synaptic terminal  
 The common symptoms are early fatigue unable to maintain long duration work hours ptosis of the eyelids.

The treatment involves inhibition of acetylcholinesterase enzyme by the certain drugs like Neostigmine, physostigmine and pyridostigmine also in certain cases the treatment involves usage of steroids.

## Botulinum toxin

Botox inhibits the release of Ach by blocking "SNARE" [Proteins for exocytosis of Ach]  
 These by inhibiting the ~~excitation~~ excitation & contraction of muscle fibres.

## Excitation - Contraction Coupling



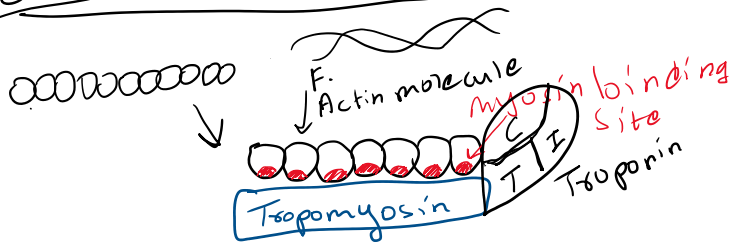
① Malignant Hyperthermia  
 mutation of RYR

② central core disease

Mutation of  $\alpha 1$   
 (2) Central core disease  
 Mutation of Mitochondria.

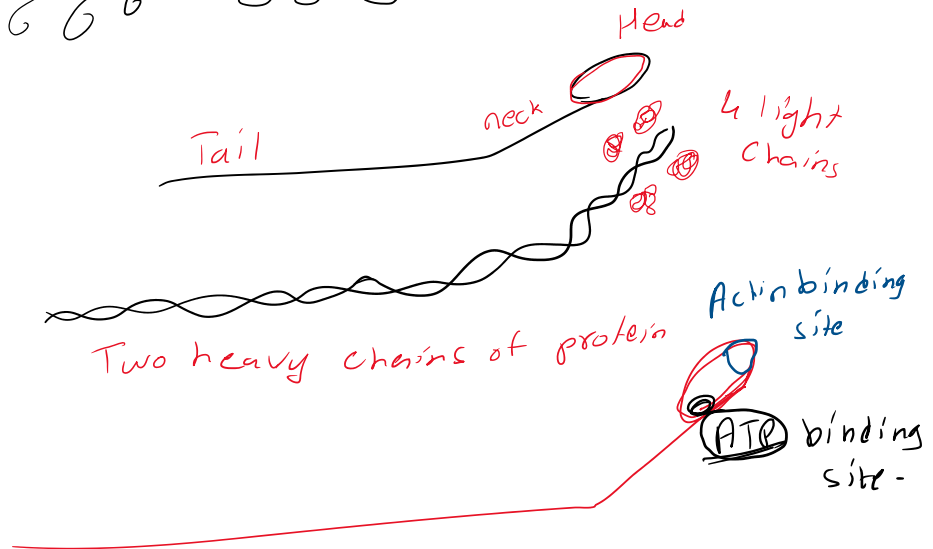
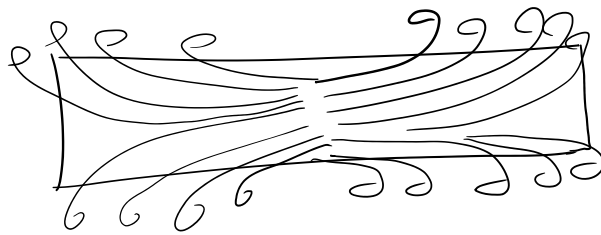
Molecular Basis of Muscle Contraction  
Mechanism of Muscle contraction  
 Walk along theory / Cross bridge  
 cycling / Sliding filament Theory

Actin



C =  $Ca^{2+}$  binding Site  
 I = Inhibitory site  
 T = Troponin-tropomyosin binding site.

Myosin

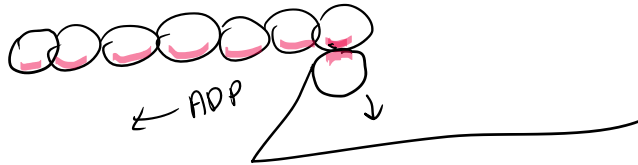


Cross bridge cycle  
 Cyclic event of attachment and detachment  
 of actin & myosin molecules.

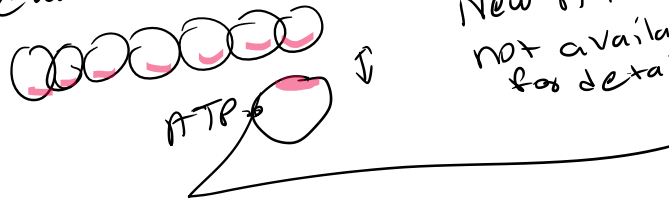
# Cyclic event of Actin & Myosin molecules.

→  (1) Attachment.

(2) Power stroke

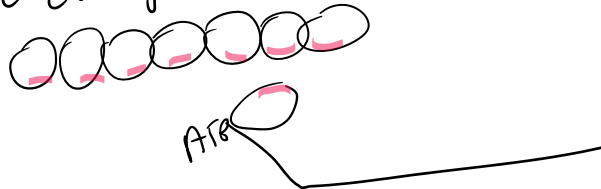


(3) Detachment



→ Rigor Mortis  
New ATP is not available for detachment

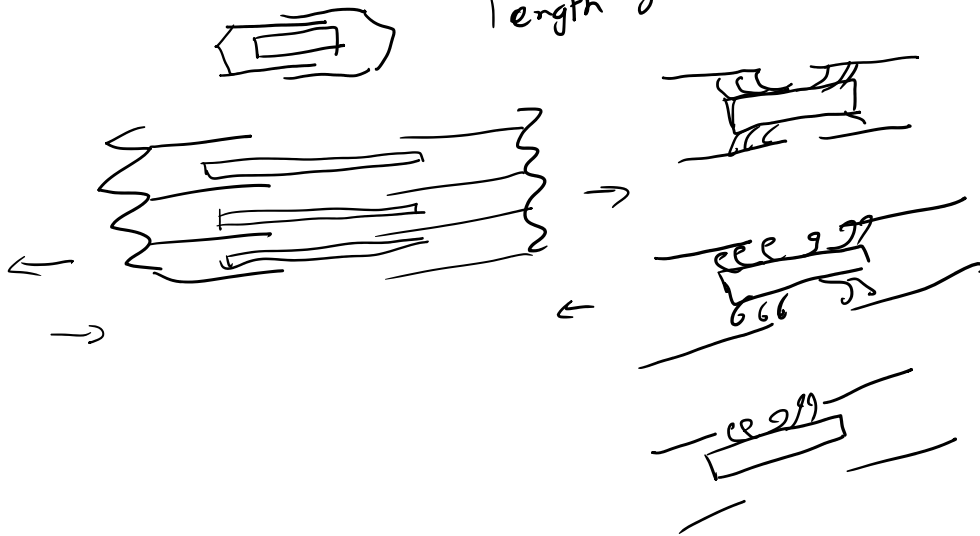
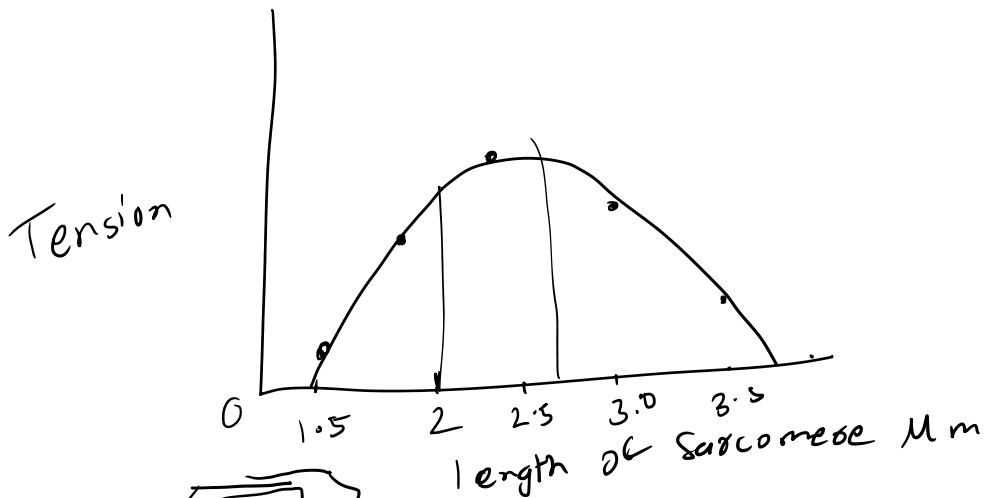
(4) Re-energization



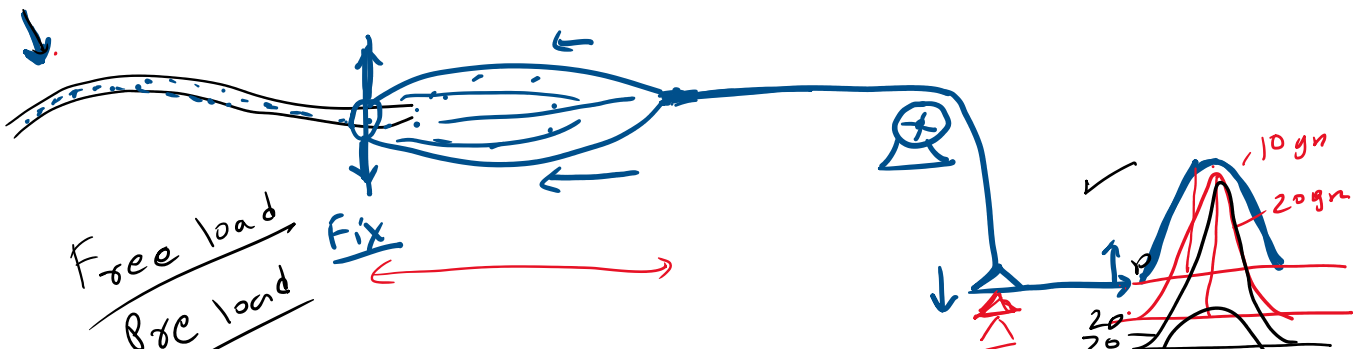
## Muscle Contraction

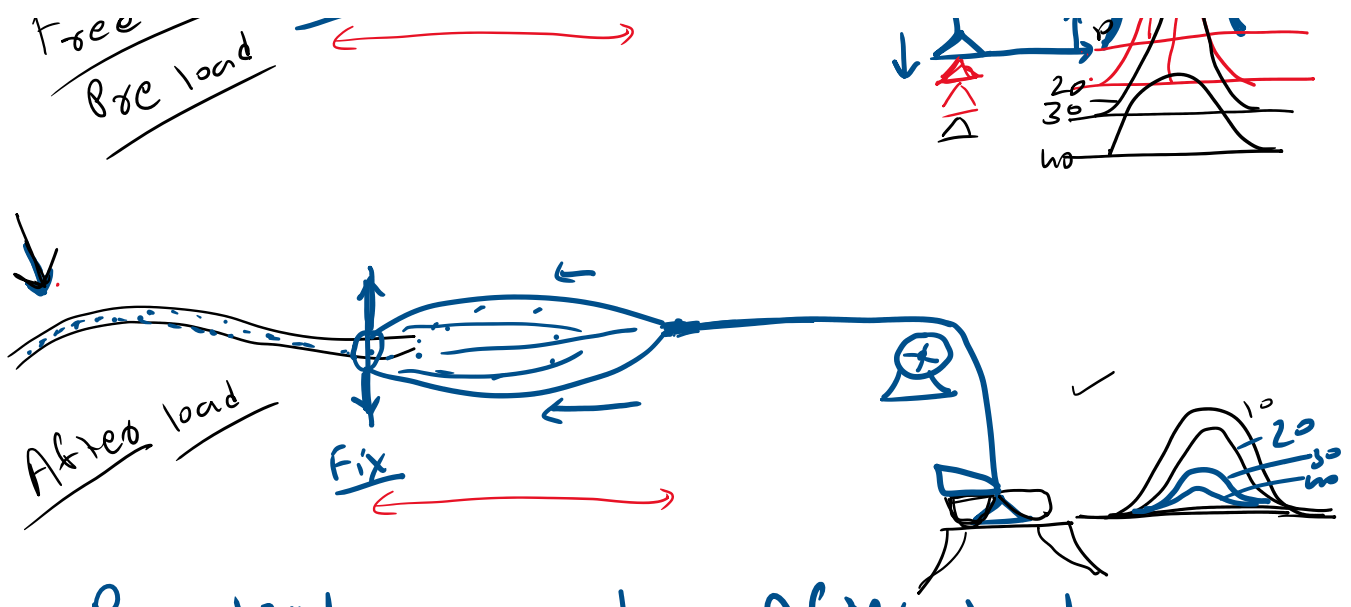
Frank, Starling's law = within physiological limits, the force of contraction is proportional to initial length.

→ length tension Relationship



Free load





### Pre load

① load acts before contraction

② FOC  $\propto$  load



④ increase in venous return  $\uparrow$  preload

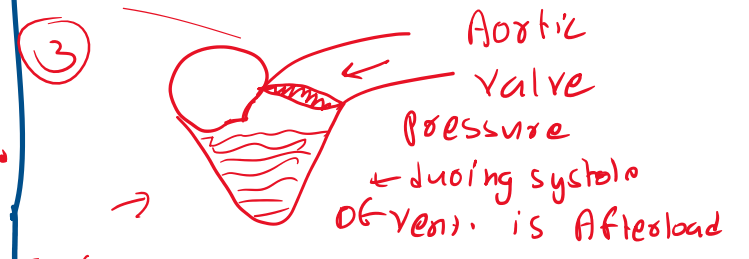
⑤  $\uparrow$  Preload heart  $\uparrow$  Card. Output

⑥ eg. dynamic exercise, javeline throw, discs throw, shotput

### After load

① load acts during contraction

② FOC  $\frac{1}{2}$  load



④ (decrease in venous return) increase in back pressure of aorta  $\uparrow$  afterload

⑤  $\uparrow$  After load  $\downarrow$  Card. Output

⑥ eg arm wrestling, tug of war, deadlift, Spring exercise.

## ② Iso metric

- ↑ After load
- ↓ Venous return
- ↓ Card. out.

## Iso tonic

- ↑ Pre load
- ↑ Venous return
- ↑ Card. output

## Types of muscles

### Red

- ① Endurance
  - ② High amount of myoglobin
  - ③ long duration work output low intensity
- eg. Marathon runners, Boxer, foot ball,

### White

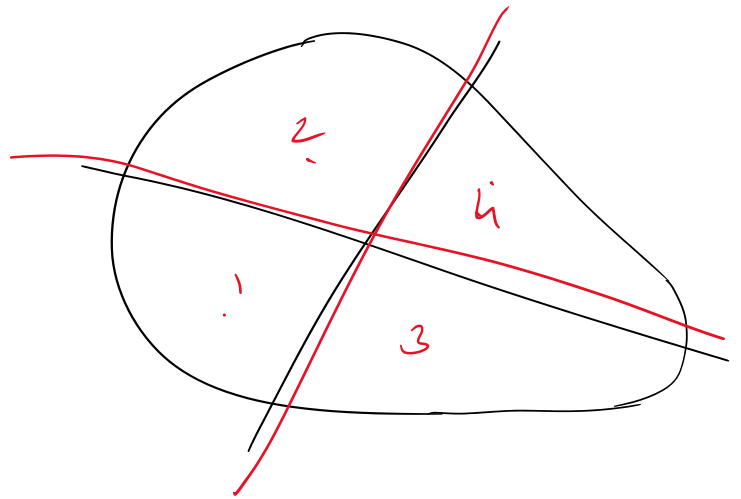
- ① Intensity
  - ② low amount myoglobin
  - ③ Short duration work output with high intensity.
- eg. Sprint runners, power weight lifters.

## Energetics of muscle contraction

- ① Stored ATP → 2-3 sec. → eg power lifters
- ② Phospho Creatine → 9-10 sec → eg sprint runners
- ③ Aerobic Glycolysis (Glycogen) → 20-30 mins → Jogging
- ④ Oxidative phosphorylation (fatty acids, glycerol, Anaerobic glycolysis) ⇒ hours ⇒ Marathon runners, Boxer, foot ball,



- Properties of Cardiac muscle
- Conducting system of heart
- Cardiac cycle
- Blood pressure
- Cardiac Output
- Hemodynamics
- Shock
- Regional circulation.



## Properties

### ① Excitability

= Cardiac muscles are an excitable tissues which shows action potential as a part of depolarization and repolarization

### ② Conductivity =

The action potential in cardiac muscles it travels from SA node to AV node and other junctional tissues including cardiac muscles hence conduction of action potential occurs in the heart

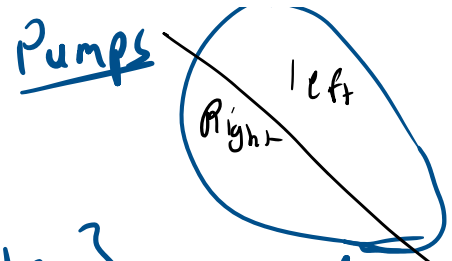
### ③ Contractility =

On excitation the cardiac muscles undergoes contraction due to excitation contraction coupling

### ④ Synclitium =

On excitation the cardiac muscles act like a one unit and undergoes excitation and contraction like a single unit of the heart



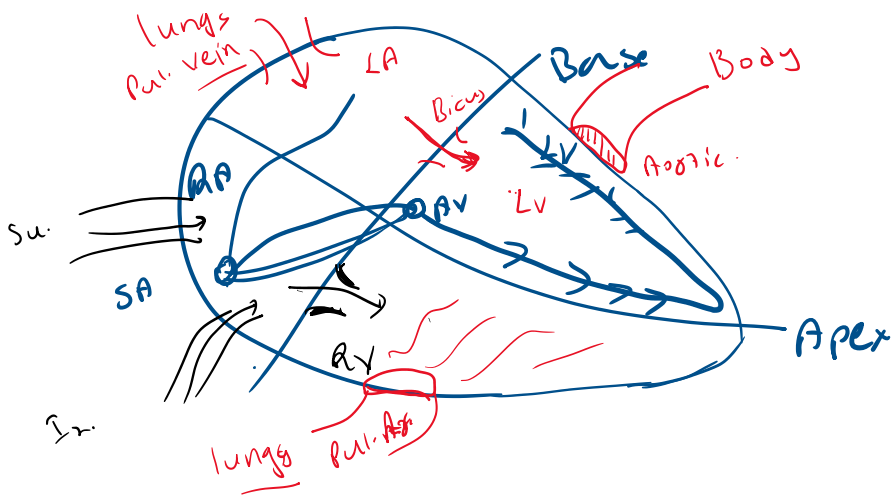


⑤ Refractory period = Absolute } long refractory period  
 Relative }

⑥ All or none principle =

⑦ Auto rhythmicity =

Every cardiac tissue has an ability to generate its own rhythm of excitation and contraction but in normal condition the SA node presides the all other tissues for excitation and contraction only under pathological conditions like ischemic heart disease the other tissues of the heart behave like a pacemaker cells



Def. = A cyclic event in the heart comprising one systole & one diastole of the complete heart.

$$\text{Duration} = \frac{\text{BPM}}{\text{Heart Rate}} \quad \begin{matrix} \text{duration} \\ \text{sec} \end{matrix}$$

$$\text{C.C.} = \frac{60}{70} = 0.8 \text{ sec} \quad \begin{matrix} 60 \\ \times \\ 70 \\ 1 \end{matrix}$$

As As the heart rate increases the duration of cardiac cycle decreases since we cannot have zero seconds for cardiac cycle duration there has to be an upper limit of maximum heart rate and this heart rate is the rate at which the duration of cardiac cycle will be minimum for that particular patient or a person with a particular age

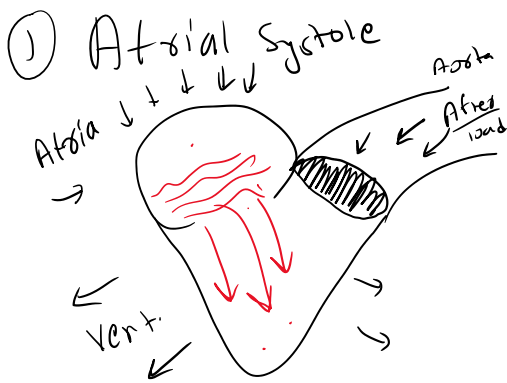
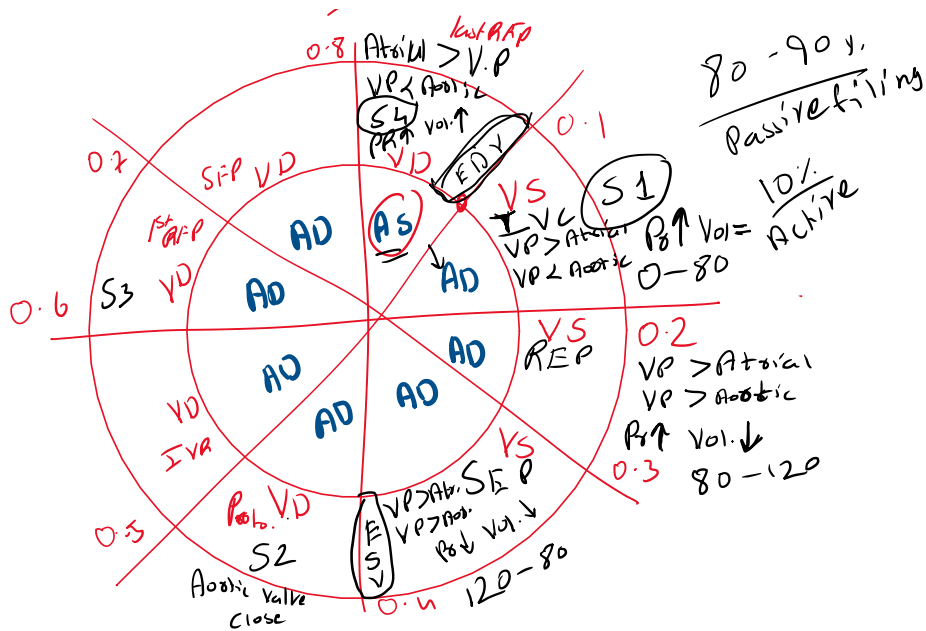
## Rules = Principles

- ① Systole & diastole are time dependent
- ② Opening of valve & movement of blood are pressure dependent.

$$\begin{aligned} \text{Atrial Systole} &= 0.1 \text{ sec} & \text{Ventricular syst} &= 0.3 \text{ sec} \\ \text{Atrial diastole} &= 0.7 \text{ sec} & \text{Ventricular} &= 0.5 \text{ sec} \\ \hline &0.8 & &0.8 \\ \hline & & &0.8 \end{aligned}$$

$0.8 \text{ Atrial} > \text{V.P.}$   
 $\text{V.P.} > \text{Atrial}$

80-90% in killing



- ① Atria excites & contracts  
 Atrial Pressure > Vent. Pressure  
 Vent. pressure < Aortic pressure  
 Blood moves from Atria → Vent.

↳ Heart sound

Amount of blood in ventricle at the end of this phase is known as "End Diastolic Volume" "Pre load of the heart"

② Atrial Diastole = Atria Relaxes (or) and receives the blood from subsequent Blood vessels

Ventricular systole (0.3)

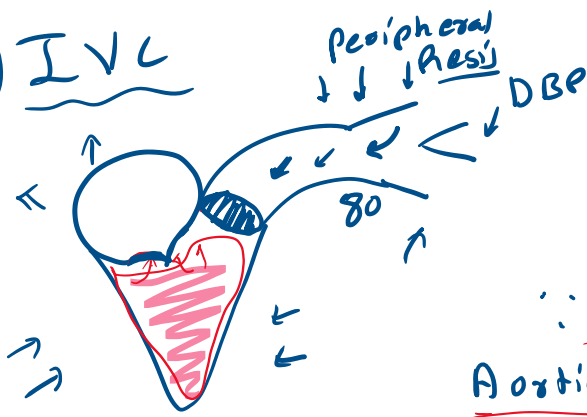
① I.V.C Iso volumetric Contraction

② R.E.P Rapid ejection phase

③ S.E.P Slow ejection phase Reduced

Ventricles starts contraction

### ① IVC



Ventricles starts contraction

$V.P > Atrial P.$

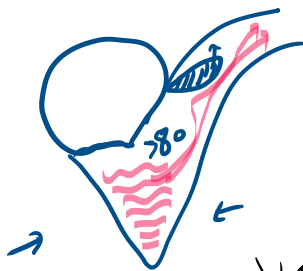
AV valve closes.

H.S. 1.

$\therefore V.P < Aortic pressure.$   
Aortic valve has not yet opened.

Vent. contracts as a closed chamber.  
 Known as I so volumetric contract<sup>n</sup>  
 Tremendous increase in a pressure in a very short time.  $0 \rightarrow 80 \text{ mmHg}$

### ② Rapid ejection phase



$V.P > Atrial press.$

$V.P > Aortic press$

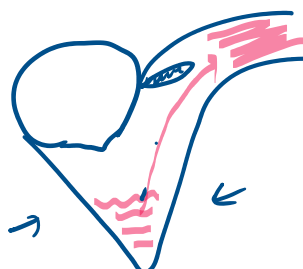
Aortic valve opens. Blood jumps rapidly from ventricle to aorta.

$\therefore$  REP

Vent. P.  $\uparrow$  Vent. vol.  $\downarrow$

Pressure in the vent. increases from 80 to 120 mmHg

### ③ Slow ejection Phase



$V.P > Atrial pressure$

$V.P > Aortic press$

As the vol of blood in vent. decreases the pressure in the vent also decreases gradually

120  $\rightarrow$  80

The blood moves slowly from vent. to aorta as  $V.P > Aortic Poes$

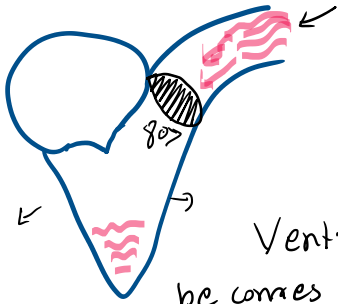
At the end of systole the blood remains in ... known as "End Systolic Volume"

At the end of systole the blood remains in the vent is known as "End Systolic Volume"

## Ventricular Diastole [0.5] sec

- 1) Protodiastole
- 2) IVR Iso Volumetric Relaxation
- 3) 1<sup>st</sup> Rapid filling phase
- 4) slow filling phase
- 5) last Rapid filling phase

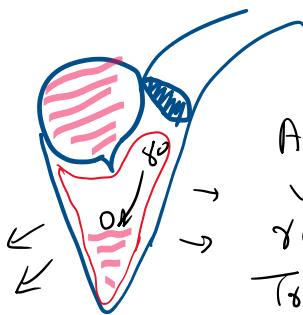
### ① Protodiastole



Vent. Pr. > Atrial Pr.  
 Vent. Pr. < Aortic Pr.  
 Aortic valve is closed  
H.S. 2

Ventricles begin to relax and their pressure becomes less than aortic pressure.  
 ∴ Closure of Aortic occurs due to back pressure from aorta.

### ② Iso Volumetric Relaxation



VP. > Atrial pressure  
 VP < Aortic pressure  
 Aortic valve is closed and AV valve has not yet opened vent. relax as a closed chamber.  
 Tremendous decrease in pressure in a very short time.

### ③ 1<sup>st</sup> RFP Rapid Filling phase



VP < Atrial pressure  
 AV valve opens. Blood jumps rapidly from Atria to ventricles



AV valve opens rapidly from Atria to Ventricles  
This turbulence of blood causes

H.S. 3

$VP < Aortic\ pressure$   $\therefore$  Aortic valve remains closed.

④ Slow filling phase — "Diastasis"



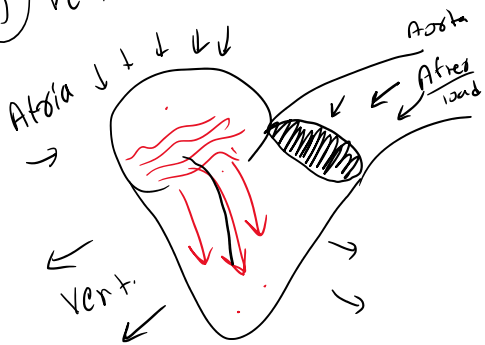
$VP \approx Atrial\ pressure$   
 $VP < Aortic\ pressure$

Since the pressure gradient  $\rightarrow$  between ventricles & Atria is negligible.

The net flow of blood from Atria to vent. is slow and gradual due to momentum of the blood.

⑤ Last Rapid filling.

① Ventricular diastole



① Atria excites & contracts

$Atrial\ Pressure > Vent.\ pressure$

$Vent.\ pressure < Aortic\ pressure$

Blood moves from Atria  $\rightarrow$  Vent. Rapidly

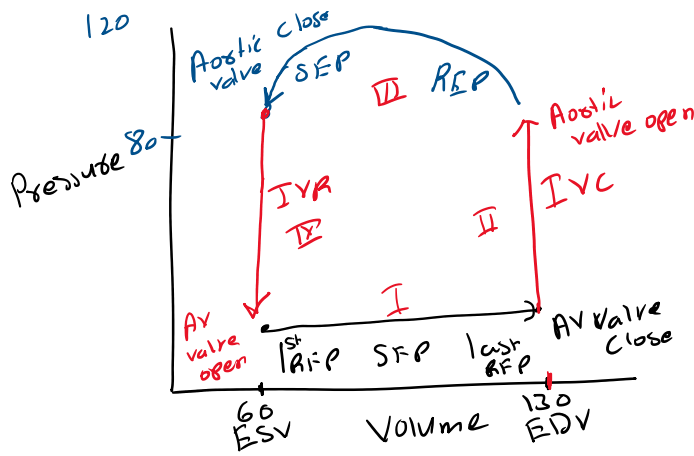
4<sup>th</sup> Heart sound

Amount of in vent at the end of this phase is known as "End Diastolic Volume" "Pre load of the heart"

Pressure - Volume loop in the left vent.



$S.V. = EDV - ESV$   
 $= 130 - 60$



$$S.V. = EDV - ESV$$

$$= 130 - 60$$

$$= \underline{\underline{70 \text{ ml}}}$$

Ejection fraction =

$$\frac{EDV - ESV}{EDV} \times 100$$

EDV 130 ← (70) EDV - ESV  
 100 ← x

$$\frac{(EDV - ESV)}{EDV} \times 100$$

$$\frac{130 - 60}{130} \times 100$$

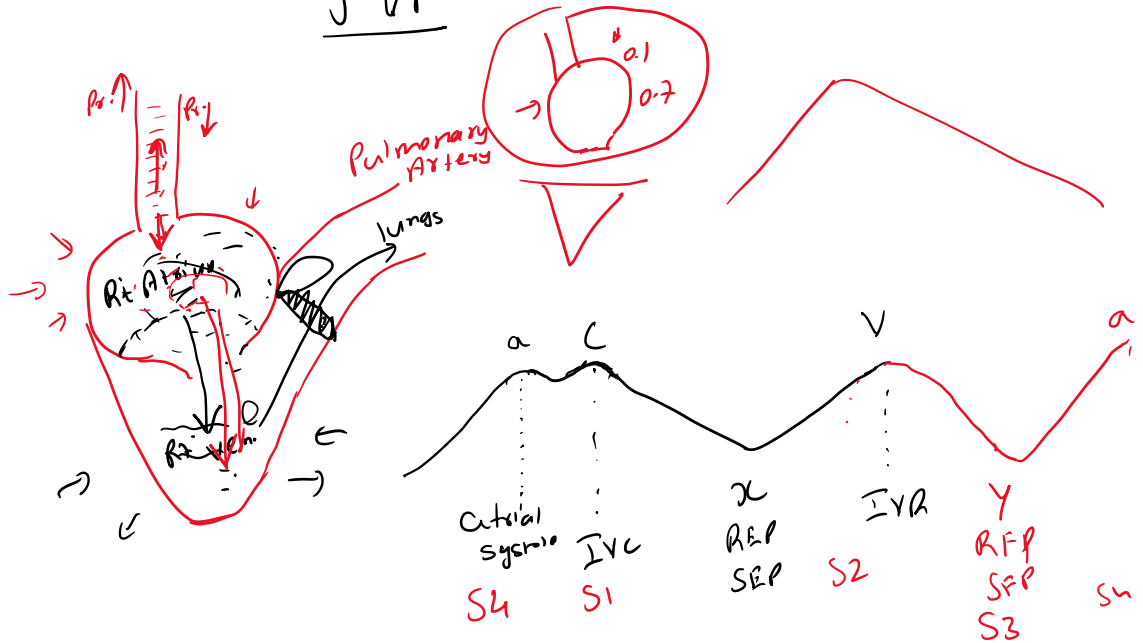
$$= \frac{70}{130} \times 100$$

$$= 53.8\%$$

$$\approx \underline{\underline{54\%}}$$

EDV = 150  
 ESV = 50

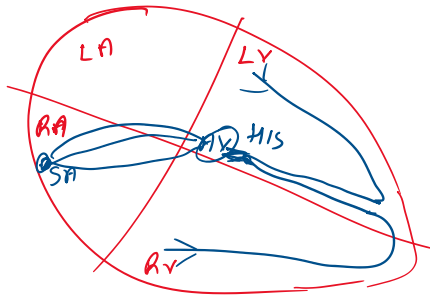
## JVP





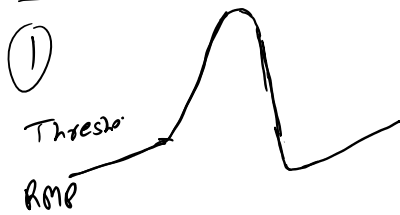
## Conducting System of Heart

- Electrical impulse generation and conduction of this through the heart is known as conducting sy. of heart.
- The conducting system of Heart comprises of
  - SA node
  - Internodal pathways
  - AV node
  - Bundle of His
  - Purkinje fibres
  - Atrial & Ventricule myocytes.



The action potential in the heart is divided in two types One type of action potential is in the pacemaker cell that is sino atrial node and atrial ventricular node these cells show a slow type of excitation known as slow type fibres and the other action potential is seen in the rest of the cardiac cells like internodal pathways, Purkinje fibres, bundle of His and ventricular and atrial myocytes these cells show fast action potential and hence they are known as fast response type cells

### Slow response type fibres



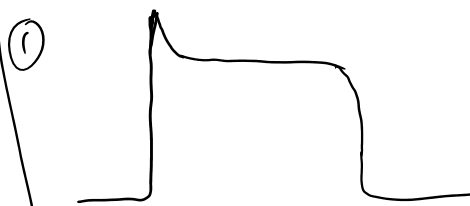
② SA, AV node

③ Depolarization is  $Ca^{++}$

④ Depo. is slow Rep. is rapid

⑤ They have automaticity normally

### Fast response type fibres



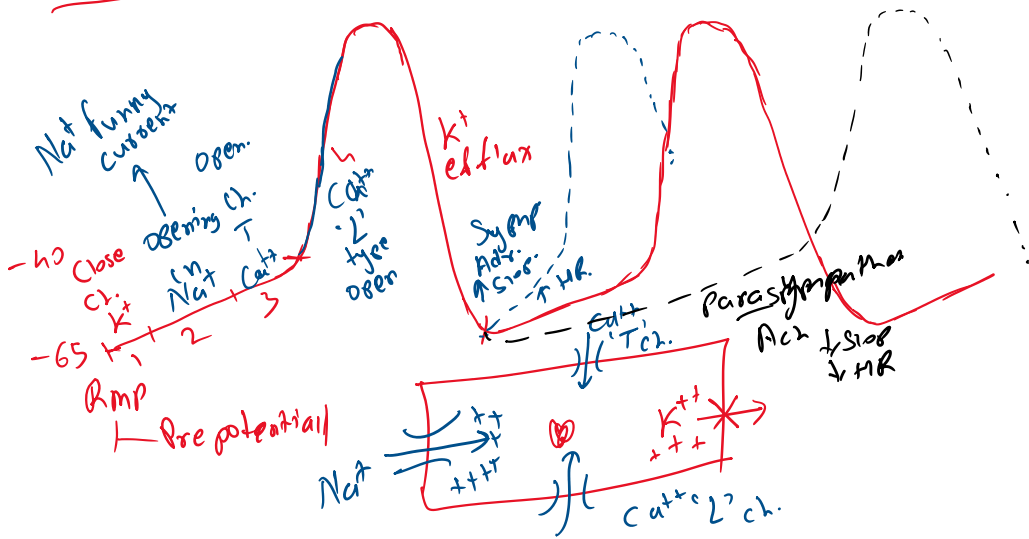
② HIS, I.N.P., Purkinje, Atrial & Vent. myocytes.

③ Dep.<sup>n</sup> is  $Na^+$

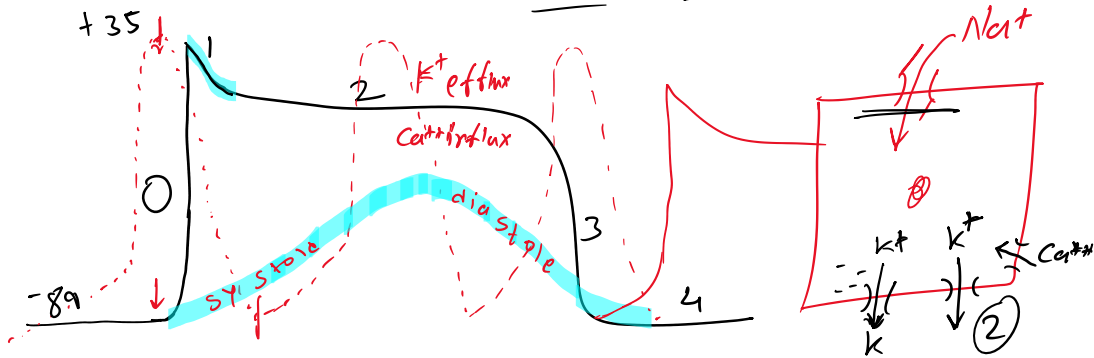
④ Depo is Rapid, Rep<sup>n</sup> is Slow.

⑤ They show automaticity in pathological conditions.

# Pacemaker potential

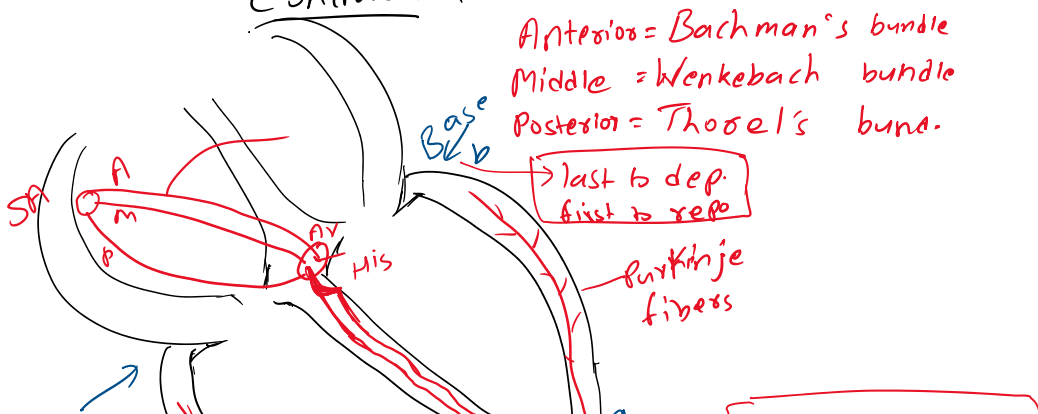


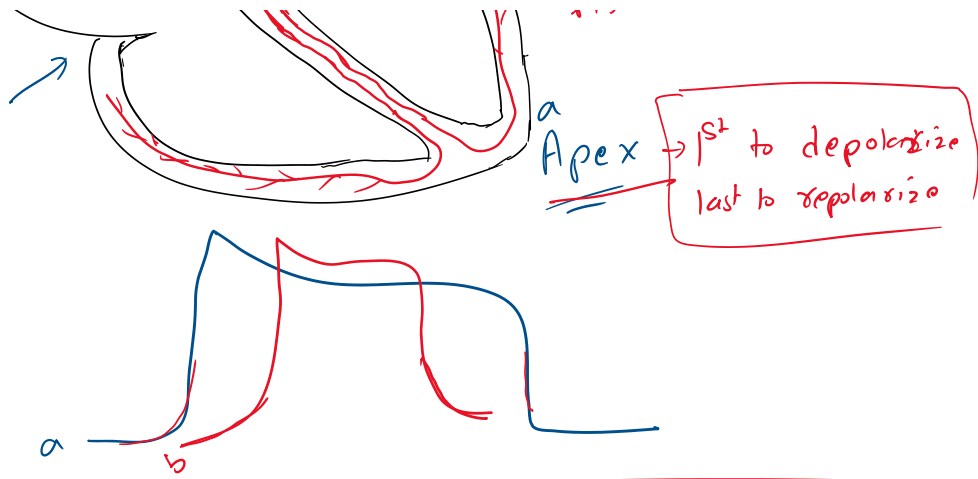
# Action potential in Fast Response cells



- 0 = Opening Vol-gat Na<sup>+</sup> ch.
- 1 = a closure Na<sup>+</sup> ch.  
b opening of K<sup>+</sup> ch. efflux
- 2 = a opening of K<sup>+</sup> ch. efflux  
b opening of Ca<sup>2+</sup> ch. influx
- 3 = a Ca<sup>2+</sup> ch. close  
b K<sup>+</sup> ch. remain open
- 4 = RMP factors → leaky channels  
Na<sup>+</sup> K<sup>+</sup> pump

# Conduction

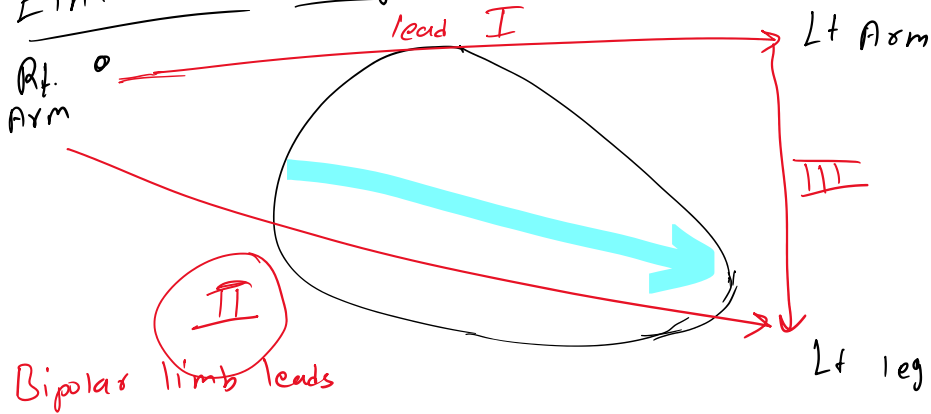




ECG =

Electrocardiogram = Recording of electrical activity of Heart.

Einthoven = Physics



Unipolar limb leads /

Augmented limb leads

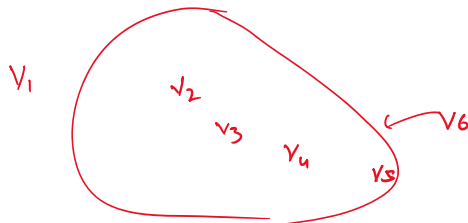
aVR = augmented limb lead of Right arm

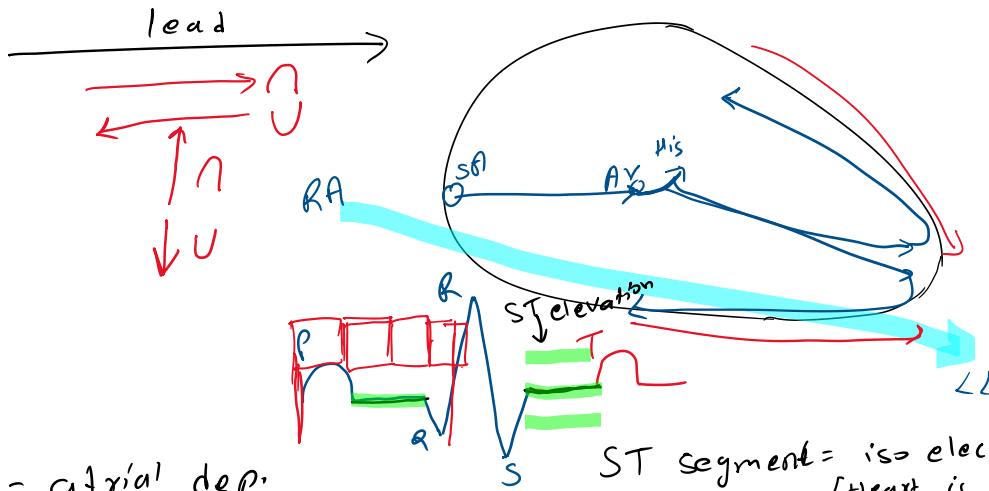
aVL = \_\_\_\_\_ || \_\_\_\_\_ left arm

aVF = \_\_\_\_\_ || \_\_\_\_\_ left foot

6 chest leads / Pre cordial leads

V<sub>1</sub> V<sub>2</sub> V<sub>3</sub> V<sub>4</sub> V<sub>5</sub> V<sub>6</sub>





P = atrial dep.  
 QRS = Vent dep  
 T = Vent Rep

ST segment = iso electric line  
 [Heart is electrically neutral]

1 mm = 0.04 Sec  
 Speed of Paper = 25 mm/sec  
 " ST elevation = Ischemic heart disease  
 ST depression = Myocardial infarction "

∴ P-R = 4mm  
 ∴ PR int = 4 x 0.04  
 = 0.16 sec ∴ 0.12 sec to 0.20 sec

Heart Block

1<sup>st</sup> degree every P-QRS complex late/no .AV nod.  
 P — 0.30 — QRS    P — 0.30 — QRS    P — 0.30 — QRS

2<sup>nd</sup> degree = P — 0.3 — Q    P — 0.32 — Q    P — 0.36 — Q    P — P  
 1<sup>st</sup> stage Type I  
 Type II    P — 0.36 — Q    P — 0.36 — Q    P — 0.36 — Q    P — P  
 Ratio    P — Q    P — Q    P — Q    P — P

3<sup>rd</sup> degree  
 P — P — P — Q — P — Q — P — P — Q — Q